

Reference Number: FOI202425/475
From: Private Individual
Date: 24 January 2025
Subject: Claudication Services

Q1 Services:
Does your Trust currently provide a vascular service for the diagnosis and treatment of vascular diseases, specifically including vascular surgery and interventional vascular radiology?

Yes

No

A1 No

Q2 If vascular services are available, is your organisation designated as a specialist vascular care centre or a hub centre within the network of care providers? (please select all that apply)

Specialist services: providing diagnostics and expert advice in an outpatient setting and providing elective and 24/7 emergency vascular services.

Hub centre: providing diagnostics and expert advice in an outpatient setting.

Specialist centre

Hub

Other (Please specify)

A2 The Trust does offer a vascular treatment service but as a hub site, the specialist centre is at LUHFT.

Q3 Claudication clinics:

Intermittent claudication: Intermittent claudication is the most common clinical symptom associated with peripheral arterial disease — walking (exercise) induced pain in the lower limbs caused by diminished circulation that is relieved by rest.

In your organisation, are there specific claudication clinics for patients with intermittent claudication?

Yes

No – If no please skip to question Q10

A3 Not applicable - the Trust does not treat Intermittent claudication

Q4 If yes, which healthcare professional usually sees patients in these clinics? Please select all that apply.

- Vascular surgeon/medical doctor
- Vascular nurse specialist
- Allied health professional
- Other (Please specify)

A4 Not applicable as per A3

Q5 In your organisation, what is the format of claudication clinics? Please select all that apply.

- Diagnostic testing
- Disease counselling and treatment planning
- Offer lifestyle management
- Offer exercise
- Other (Please specify)

A5 Not applicable as per A3

Q6 How frequently are claudication specialist clinics held?

- Weekly
- Every 2–4 weeks
- Every 2–4 months
- Less frequently than all the above options
- Other (Please specify)

A6 Not applicable as per A3

Q7 What is the standard interval for routine follow-up for patients diagnosed with intermittent claudication?

- Every 1 month,
- Every 3–6 months
- Every 12 months
- Determined by clinical need
- No formal follow-up
- Not Known
- Other (Please specify)

A7 Not applicable as per A3

Q8 In your organisation, what is the current waiting time for patients with intermittent claudication between referral and 1st appointment in the vascular specialist clinics? Please specify

A8 Not applicable as per A3

Q9 **Exercise:**
Are patients with intermittent claudication who attend your Trust offered a supported exercise programme specifically designed for claudication? Please select all that apply.

- Yes
- No
- Verbal advice only

A9 Not applicable as per A3

Q10 What is the format of the exercise programme for patients with claudication? Please select all that apply.

- Supervised classes in hospital or community setting
- Virtual Supervised classes at home
- App based directed exercise at home

Home/Unsupervised

Don't Know

A10 Not applicable as per A3

Q11 If a structured programme exists, where is this programme provided?

Your hospital/ Trust, i.e within your organisation

Another hospital/ Trust, i.e outside your organisation

Referral to primary care setting outside your organisation

Referral to a private setting outside your organisation

Other (Please specify)

A11 Not applicable as per A3

Q12 Over what duration do these supervised exercise programmes typically last for patients diagnosed with claudication?

4-8 weeks

12-16 weeks

More frequently than all the above options (Please specify)

Less frequently than all the above options (Please specify)

A12 Not applicable as per A3

Q13 How long are the classes (in minutes)?

30-60 minutes

60-90 minutes

More frequently than all the above options (Please specify)

Less frequently than all the above options (Please specify)

A13 Not applicable as per A3

Q14 How often/frequently (times per week) do the classes meet?

- Once per week
- Every 2–4 weeks
- Every 2–4 months
- Less frequently than all the above options
- Other (Please specify)

A14 Not applicable as per A3

Q15 Which healthcare professionals are involved in delivering the classes? Please select all that apply.

- Physiotherapist
- Nurse
- Exercise professional
- Other (Please specify)

A15 Not applicable as per A3

Q16 **Smoking:**

In your organisation, where do you offer a smoking cessation service to patients with intermittent claudication?

- Your hospital/ Trust, i.e within your organisation
- Another hospital/ Trust, i.e outside your organisation
- Referral to primary care setting outside your organisation
- Referral to a private setting outside your organisation
- Other (Please specify)

A16 Not applicable as per A3

Q17 Dietetics:

In your organisation, where do you offer a dietetics service to patients with intermittent claudication?

- Your hospital/ Trust, i.e within your organisation
- Another hospital/ Trust, i.e outside your organisation
- Referral to primary care setting outside your organisation
- Referral to a private setting outside your organisation
- Other (Please specify)

A17 Not applicable as per A3

Q18 Psychology:

Does your organisation offer a psychology service specific for patients with intermittent claudication?

- Yes
- No – If no please skip to Referral

A18 Not applicable as per A3

Q19 Is there a screening pathway for patients with intermittent claudication to be referred to a psychologist?

- Yes
- No – If no please skip to Referral

A19 Not applicable as per A3

Q20 Referral:

What are the available pathways or methods by which patients with intermittent claudication are referred to the vascular service in your organisation? Please select all that apply:

- Vascular staff screen lists of hospital ward patients
- A telephone/pager referral system
- A paper referral form (collected in person/faxed/posted)
- Secure email system

Electronic computerised system (e.g. patient record system)

Other (Please specify)

A20 Not applicable as per A3

Q21 Is there a standard proforma for referral to vascular?

Yes

No

Other (Please specify)

A21 Not applicable as per A3