

**Reference Number:** FOI202324/557  
**From:** Other  
**Date:** 11 March 2024  
**Subject:** Postural Tachycardia Syndrome (PoTS) referrals, diagnosis and management

- Q1 How many patients are referred to your Trust annually with a suspected diagnosis of PoTS and how many diagnosed PoTS patients are under active care under specialties within the Trust?
- A1 Information not held- we do not have a dedicated Postural tachycardia syndrome (PoTS) service at LHCH.
- Q2 Is there evidence of an increase in referrals of PoTS patients since May 2020 due to patients suffering with long-Covid?
- A2 Information not held- numbers of referrals with PoTS not captured as no dedicated PoTS service at LHCH.
- Q3 How many patients with a suspected or confirmed diagnosis of PoTS are seen annually in the Emergency Department or admitted as an emergency?
- A3 Information not held- LHCH does not have an emergency department.
- Q4 To which individual specialty or specialties are PoTS patients referred for investigation, diagnosis, and longer-term management?  
e.g., cardiology, neurology, care of the elderly, paediatrics.  
Please specify separately for children and adults, where applicable.
- A4 Within LHCH, referral would come to cardiology. Information not held for the other specialties as these are not provided at LHCH.
- Q5 Within your Trust do a) adult patients and b) paediatric patients diagnosed with PoTS have access to a specialised PoTS clinic or service for treatment by dedicated clinicians with an interest/expertise in the condition?  
If so, please provide details of specialised adult and paediatric services in place.
- A5 No
- Q6 Where dedicated PoTS services are available within your Trust, are there any restrictions in place around acceptance of new referrals or longer-term management of patients? Please specify any restrictions imposed.
- A6 No dedicated services at LHCH and no restrictions regarding referrals
- Q7 If no specialist PoTS services are in place within your Trust, do you reject referrals (back to referring GP), accept referrals under general acute services e.g., cardiology /

neurology (please specify) or refer on to a known specialist service elsewhere? (Please specify where).

A7 Referrals accepted under cardiology.

Q8 How is activity coded for adult and paediatric patients with a diagnosis of PoTS attending for a first or follow up outpatient appointment or admitted to inpatient care?

A8 Adult inpatient admission ICD 10 code I49.8. However, this code is used for other multiple types of cardiac arrhythmias and not just PoTs. We do not code outpatients.