

Electronic Patient Records goes live at LHCH...



Raj Jain, Chief Executive; Dr Johan Waktare, Clinical Lead for EPR; Lyndsey Waktare, EPR Business and Clinical Change Manager; Jason Frerichs and Jeff Franks, Allscripts; Sue Pemberton, Director of Nursing and David Jago, Director of Finance at the launch.

Please see page 2 for the full story

Also inside...

Bentley Drivers Club 2013 Rally gets off to a flying start for LHCH Appeal



Electronic Patient Records Launched

At 7am on Wednesday 26th June the Trust's new Electronic Patient Record (EPR) system officially went live. Following 15 months of sheer hard work, commitment and dedication from all staff involved in the process our first patient was admitted onto the new system.

The first patient admitted on to the system was Tracey Campbell, who is pictured with her husband Tom Campbell and Day Ward staff, Linda Chedotal and Sue Easton.

This new and innovative system, one of the most advanced in the country to be implemented, is a major step forward for our hospital and will really help with how we provide patient and family centred care.

It has been developed to allow our team of health professionals to deliver in electronic form what we currently do by paper-based records.

What does EPR mean for our patients? The new EPR system brings the following benefits and will:

- enable staff to spend more time with our patients and, where relevant, their family.
- ensure that patients are not asked for the same information more than once when they see different health professionals, because everything will be held in one central place.
- allow staff to make even better use of their talent and expertise



and will enable patients and their families to feel even more that 'my care was planned with me and for me'.

- speed up the time for tests like x-rays and blood tests to be ordered.
- remove the time taken to find a patients case notes.
- help us deliver excellent, compassionate and safe care every time.

Forthcoming Meetings and Events

Heart Health Event - 'What is Cardiovascular Disease?'

Tuesday 24th September 2013 at 7pm, Ramada Plaza Hotel, Marine Lake Promenade, Southport, PR9 0DZ with Sharon Faulkner, Cardiac Rehabilitation Facilitator from the Knowsley Community CVD Service.

Sharon will discuss the subject of Cardiovascular Disease and explain in simple, jargon free terms:

- Basic anatomy of the heart
- Risk factors (contributing factors)
- What can go wrong (signs and symptoms)
- Treatments
- Advice on prevention and reducing the risk of heart disease
- Overview of the Trust's Knowsley Community CVD service

Places are completely free of charge. To book please contact the Membership Office by calling 0151 600 1410 or by emailing membership.office@lhch.nhs.uk



Council of Governors Meetings

Members are welcome to attend Council of Governors meetings held in public as follows:

Tuesday 3rd September 2013 at 1pm

Monday 2nd December 2013 at 3pm

The above meetings will take place in the LHCH Conference Room, located in our Research Unit. Copies of meeting documents will be available from our website www.lhch.nhs.uk

Annual Members Meeting - Tuesday 3rd September 2013* at 4.30pm

***Please note this date has changed since previously advertised.**

At this meeting the Board of Directors will present our annual report and accounts along with our quality account and discuss our future plans with members. There will also be an opportunity for members to ask any questions they may have to the Board of Directors.

The agenda for the meeting and our annual reports will be available on our website www.lhch.nhs.uk before the meeting. If you would like to attend this meeting then to book your place please contact the Membership Office on 0151 600 1410. This meeting will take place in the Conference Room within the Research Unit.

Great people doing great things



It's all heart at St Aloysius Club, Huyton

Members of the St Aloysius Club in Huyton raised £2,000 for our LHCH Appeal by organising a Community Valentines Night.

The Manager of St Aloysius, Martin McDonagh said "Our members like to support local charities because we know that local people will benefit from our efforts. The Valentine's Night was very well supported and we are all happy knowing that our donation will help patients and their families at Liverpool Heart and Chest Hospital."

The £2K will be used to purchase additional glideaway guest beds so that patients' relatives can stay overnight on the ward and be close to their loved ones whilst they undergo treatment at LHCH.



Introducing the 'Liverpedlians'

Stan Byrne wanted to give something back to LHCH for the way the hospital changed his life. So Stan set about organising a cycle ride which would take him, and his friends, across the country. The 'Liverpedlians' were created and they were raring to go!

On 14th June the 'Liverpedlians' cycled 130 miles from Whitehaven to Sunderland, raising money for our Appeal. It took them 3 days to cover the coast to coast route and they arrived safely in Sunderland on Sunday 16th June.

The full team that took part in the cycle ride are: Stan Byrne, Jeff Charnock, Dave Hayes, Joe Hill, Ray Hill, Terry Hill, John Parr, Liam Ryan and their driver and support team member John Carter.

So far the team have almost raised their target of £2,000 for our Appeal which is fantastic news. If any of our readers would like to support their efforts please go to Stan's JustGiving page www.justgiving.com/Liverpedlians

Stan told Members Matters: "In 1987 I had a new heart valve fitted to replace a faulty one - commonly known as a hole in the heart. By 2007 this new valve had worn out so LHCH fitted me with a new mechanical heart valve which has given me a new lease of life. I am extremely grateful to all the staff at this wonderful hospital because they looked after me so well and I am now very fit and active. I enjoy playing cricket and golf, as well as cycling - although not at the same time. Thank you from the bottom of my heart."



Eddie Wallace, Steven Oakes, Martin McDonagh, Susan Oakes and daughter Laura

Margaret endures a 15 Mile Walk for LHCH Appeal

Our thanks to Margaret Agnew who took part in this year's Wirral Coastal Walk which was held on Sunday 19th May 2013 raising £255.00 for our Appeal.

Starting at Seacombe Ferry Terminal, the 15 mile walk took Margaret through parts of Wirral ending the journey at Thurstaston Country Park Visitor Centre.

Margaret undertook this challenge to thank LHCH for the treatment her friend (Elizabeth Tobin) received whilst a patient at our hospital.

Thank you to everyone who sponsored Margaret's Walk - these funds will be put to good use to continually improve the patient and family experience at LHCH.



Members of the Bentley Drivers Club raise £30,000 for LHCH Appeal

Grateful thanks to Rita and Christopher Jonas, who very kindly organised the 2013 Bentley Drivers Club Rally and Grand Charity Ball to support Liverpool Heart and Chest Hospital Appeal.

250 people attended the Ball, which took place at Thornton Hall Hotel on Thursday 4th July. The event was an enormous success and the atmosphere electric. The evening also launched the 2013 Bentley Drivers Club Rally Grand Tour of Ireland.

Over 50 magnificent Bentley cars were participating in the Grand Tour and Ball guests were able to view this amazing spectacle at the Hotel. Photographs and more information about the Ball and Rally are available on the Appeal pages of our hospital website www.lhch.nhs.uk



The generosity of the Ball guests was overwhelming and the bidding for all the auction prizes was energetic, raising a staggering £30,000.

A Regent Seven Seas 7 night Mediterranean Cruise was the star prize during the auction, but the prizes were all fantastic and ranged from a 3 nights B&B at the Fairmont Monte Carlo Hotel which included lunch at the famous



Café de Paris to a signed Monaco Grand Prix celebration frame signed by former World Champions Fernando Alonso, Jenson Button and Michael Schumacher.

The list of prizes for our raffle was endless and every table secured a prize. Thank you to everyone who supported our hospital and sponsored prizes for the evening.





Funds raised will go to support the innovative research programme currently being undertaken by our hospital's clinicians. The Institute of Cardiovascular Medicine and Science (ICMS) Research programme aims to deliver better outcomes for patients through advances in the diagnosis, management and treatment of cardiovascular disease.

Heartfelt thanks to everyone involved, especially Rita and Christopher Jonas, Ruth Bellis and Alan Birchall.



LHCH Appeal is Childwall Golf Club's Charity of the Year

Great News! Our Appeal has been chosen by Childwall Golf Club to be their Charity of the Year 2013.

This year's Captain, Mr Gerry Callaghan, (pictured) chose LHCH Appeal as his selected Captain's Charity because heart and chest care is very close to his own thoughts, as well as members of his family. Gerry is also "keen to support an Appeal that is locally based and where all the money raised is used to improve the specialist care provided to patients in the provision of a very valuable service."

Within three months Gerry and colleagues from the Golf Club have already managed to raise £745.00 for our Appeal.

Our thanks to Gerry and fellow members of Childwall Golf Club – your willingness to support our hospital and its patients is very much appreciated.



Gerry Callaghan



LHCH Heart Patient, Catherine Murphy, raises a fantastic £8,100 for our work on Aortic Aneurysms. To read the full story please go to the Appeal Pages of our website www.lhch.nhs.uk. Under the heading 'Great People doing Great Things'.

There are many ways people say 'thank you' to support our hospital's Appeal, but we'd like to thank Alex Spence for allowing us to share his story...

Every year since the death of his lovely wife Hazel in 2001, Alex Spence has sent our Appeal a donation of £50.00 together with a birthday card as a remembrance of his wife's birthday on 24th March. His message is always short, but incredibly moving to read, as the love and affection he still feels for Hazel is infinite.

What is also very poignant is that, by way of his donation, Alex continues to remember our hospital and the care we gave to his wife, even after all these years.

I am personally grateful to Alex, not only for his continued financial support, but for allowing us to share his birthday tribute to Hazel. Amor Vincit Omnia – love conquers all.

Chris Bell, Head of Corporate Campaigns, LHCH Appeal

What type of a fundraiser are you? Sporting? Glitzy? Daring? Workplace? At Home?

Whatever type you are, the support you could provide to our hospital would be of great benefit to our patients. Please take a look at the Appeal pages of our website www.lhch.nhs.uk/LHCH-Appeal/Be_inspired.aspx and maybe, fingers crossed, you could help our Appeal.

Please call the Appeal Office on 0151 600 1409 if you would like any further information, help and support. Thank you.

Golden Couple's Praise for LHCH

Earlier this year Rita and Brian Crofts celebrated their Golden Wedding Anniversary and in lieu of gifts decided that they would prefer to support two charities which mean a great deal to them, namely LHCH Appeal and Cancer Research UK.

Generous support from their family and friends enabled both charities to receive £350.00 each. Their donation was a token of the couple's appreciation to LHCH, following Brian's heart surgery in 2012. This generous couple said "We cannot speak highly enough of the care received at LHCH and we would like to thank Mr Paul Modi, his registrar Ricardo Boix, the dedicated teams at POCCU and Oak Ward. We hope that the funds will go some way towards supporting the excellent work carried out at LHCH, without which so many people would not survive."

Congratulations to Rita and Brian on their Golden Wedding and, on behalf of everyone at LHCH, thank you for your kindness.



Brian and Rita Crofts

Celebrating Success – Our Team's Got Talent Awards 2013

As a Trust we are extremely proud of our reputation for providing high quality care. We have continued to celebrate this success with our 4th 'Our Team's Got Talent' Team of the Year Awards.

This year's Staff Awards event was held at the Crowne Plaza Hotel, Liverpool City Centre on Friday 7th June. Twelve teams were shortlisted for an award and faced our judging panel in early May. The winners were announced on the evening as follows:

Outstanding Innovation in Practice Award to Catheter Laboratories Primary PCI Team

Outstanding Example of the Patient and Family Experience Vision in Action Award to Day Ward

Going Above and Beyond Award to Infection Prevention Team

Outstanding Example of Putting Patients First Award to the Aortic Team

The Amanda Unit, Health Promotion Team, Knowsley Community Stroke Team, Mobile X-ray Radiographer Team, Oak Ward and Outpatients were all Highly Commended.



Chairman's Award to the Research Team pictured receiving their award from Neil Large, Chairman.



Governors' Award to the Little and Often Support Group who are pictured receiving their award from Vera Hornby, Public Governor – Merseyside.

Pilot 'Books for Patients' scheme launched

The Trust's Library and Knowledge Service are currently piloting a 'Books for Patients' scheme, which aims to enhance the patient experience. Hospital volunteers take donated books out to our inpatients and offer them the opportunity to peruse a book during their stay in hospital.

Do you have books you no longer need? A book donation box (pictured with Natalie Hall, Senior Library Assistant and Maureen Horrigan, Library & Knowledge Service Manager) has now been placed by the Volunteer Desk in the foyer of the Main Entrance. All donations are much appreciated. Thank you!



Members Survey 2013

Thank you to all of our members for taking the time to complete our bi-annual members survey. At the time of publication we had received almost 700 responses which is a phenomenal achievement! We are busy collating the responses and will publish the survey findings in the Christmas edition of Members Matters. Thank you for sharing your views – they are so important and enable us to continuously improve the service we provide for our patients.

Thank you

Gill Donnelly

Membership and Communications Officer



Pat's Royal Invitation

Trust member and former Non Executive Director of Liverpool Heart and Chest Hospital, Pat Firby was thrilled to receive an invitation recently to attend the Royal Garden Party, held in the grounds of Buckingham Palace.

Pat, who was Deputy Chair and Senior Independent Non Executive, left the Trust following over eight years of dedicated service on 31st May 2013. Prior to this she had formerly held a role in nursing education at Liverpool John Moores University. Pat was nominated by the Trust for her huge contribution to healthcare over the years but in particular, for the crucial role she had played in our ambition and successes including achieving Foundation Trust Status and of course 'HSJ Provider of the Year' last year.

It's great to see a LHCH representative at the Royal Garden Party and for Pat to be recognised in this way— well done Pat (pictured with her Aunt at the palace).

We're on Twitter!



At the time of publication we were nearing our 1,000th twitter follower! Join us and hear the latest news and developments as they happen. We have some exciting ideas of how to use our twitter account moving forward. Ideas in the pipeline include a monthly specialist Q & A so please watch this space!

Follow @LHCHFT

How to make picnic food... the healthy way!

Being more active and getting our hearts pumping can make us feel great! It helps us to be healthier and ultimately, live longer. And if we eat healthier foods as well as doing physical activities, we'll feel, well, even greater!

We know that life can be busy and we often don't make time for healthier meals. But the truth is, preparing and enjoying healthier meals can be easier than you may think. Plus, they don't have to cost a lot of money!



Roasted Vegetable Couscous

This tasty couscous can be enjoyed on its own, served with grilled fish, or reduced fat goats' cheese.

Serves: 4 adults

Preparation time: 15 minutes

Cooking time: 30 minutes

What to do:

1. Preheat the oven to 200°C, fan oven 180°C, gas mark 6.
2. Put the peppers, courgettes and onion into a roasting tin and add the vegetable oil, tossing to coat. Roast in the oven for 25-30 minutes, turning over after 15 minutes.
3. Meanwhile, put the couscous into a heatproof bowl and add the hot stock, stirring to mix. Cover and leave for 10-15 minutes to soak and swell, then stir with a fork to fluff up the grains.
4. Remove the vegetables from the oven and add the cherry tomatoes and couscous, stirring them through. Season with some pepper. Return to the oven for a further 5 minutes to heat through, then serve.

Ingredients:

- 1 red pepper deseeded and chopped
- 1 yellow pepper deseeded and chopped
- 2 courgettes sliced
- 1 large red onion sliced
- 1 tbsp vegetable oil
- 300g couscous
- 450ml reduced salt vegetable or chicken stock
- 250g cherry tomatoes
- 1 pinch ground black pepper

Nutritional information:

Per portion (i.e. 1/4 recipe)
 280 kcals / 1172kJ
 7g protein
 7g fat of which 1g saturates
 50g carbohydrate of which 10g sugars
 3g dietary fibre
 66mg sodium
 0.2g salt

Tip 1: If you're a fish lover, you could serve the couscous with grilled salmon or haddock fillets.

Tip 2: For vegetarians, serve each portion with a 25g portion of reduced fat goats' cheese on the top

More healthy recipes like this one can be found on the Change 4 Life website: www.nhs.uk/Change4Life