

members matters

The newsletter for
all public and staff
members of Liverpool
Heart and Chest Hospital



Nominations for Public and Staff Governor elections wanted

Could you be a Governor? It's election time again at Liverpool Heart and Chest Hospital and we're now looking for members of the public and staff who would like to become Governors.

Governors are elected members of the public and staff who represent the views of foundation trust members and staff groups on the hospital's Council of Governors, helping to shape the future of the hospital and its services.

This year, we have Governor vacancies in three of our Public constituencies and two of our Staff constituencies. If you have the experience, enthusiasm and commitment to give to one of the country's leading specialist trusts, we want to hear from you.



Elections are taking place in the following areas:

Public vacancies

Members of the public can apply to stand for election as long as they reside in the area they wish to represent:

- Merseyside: Three vacancies
- Cheshire: Two vacancies
- North Wales: Two vacancies

Staff vacancies

Most full time or equivalent staff can apply to stand for election as long as they are a member of the staff group constituency which they wish to represent:

- Staff (Non Clinical): one vacancy
- Staff (Allied Healthcare Professionals, Technical and Scientific Staff): one vacancy

To stand for election you must:

- Be a member of Liverpool Heart and Chest Hospital NHS Foundation Trust and reside in the area you are standing for election. Contact us if you are not yet a member to register.
- Be able to spare a minimum of 3 hours every 3 months to attend Council of Governors meetings (ideally more so you can participate in working groups and community events to support membership recruitment and engagement).
- Have enthusiasm and a willingness to contribute.
- Have basic IT skills and access to email.
- Some business skills including the ability to read and scrutinise performance reports and experience of human resources, finance or chairing meetings would be beneficial but are not essential. However, support and training will be given as required.
- Staff must be permanently employed or have been employed on a fixed term contract for at least 12 months.

A Governor's perspective

Public Governor Mike Brereton (Cheshire) is stepping down in September after three terms of office. He has particularly enjoyed the opportunity to work with people from different backgrounds and experiences while working as a representative of the public.

"Becoming a Governor was a chance for me to use some of my experience for the benefit of the Trust. The highlight has been contributing to what is an **outstanding** hospital and to witness the life changing outcomes for patients and their families.

"If you are thinking of standing for election as a Governor of the hospital, I would really encourage you to take it on. It's a very rewarding and satisfying role and you will be able to see first hand the outstanding work of the



Mike Brereton



Neil Large

hospital," he added.

Governors attend four meetings during the year, taking part in working groups, and attending recruitment and information events to meet members. A range of support and training is provided to help them carry out their role and settle in.

Trust Chairman, Neil Large said: "Governors are very important

"It's a very rewarding and satisfying role and you will be able to see first hand the outstanding work of the hospital."

Mike Brereton

because they help to ensure that we are publicly accountable and provide a different perspective on our services. Each of them has different levels of skills and experience but what unites them is a passion for health and a commitment to LHCH."

You can hear more of our Governors discussing their role on our Elections page on the Trust website.



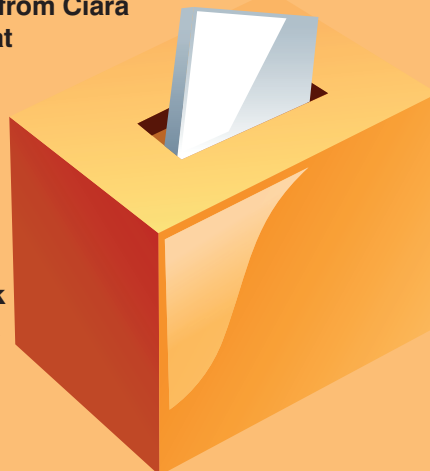
Governor Judy Wright talks to members at our recent Stroke Rehabilitation event.

How to apply

If you'd like to apply, nomination forms and information packs are now available from Ciara Norris at Electoral Reform Services at **ftnominationenquiries@electoralreform.co.uk** or ring **020 8889 9203**.

For more information, please contact Mike Tomkins in the Membership Office on **0151 600 1410**, email **membership.office@lhch.nhs.uk** for an informal chat or visit our website at **www.lhch.nhs.uk**

Nominations close at 5pm on Monday 5 June 2017



Our next members' event

Diabetes

**Wednesday 24 May at 7pm
Ramada Plaza Wrexham
Ellice Way, Wrexham
LL13 7YH**

Find out more about the link between diabetes and heart disease with Sarah Jane Daley, Diabetes Specialist Nurse at Liverpool Heart and Chest Hospital, who will offer tips and advice on living with the condition and discuss some of the treatments currently available.

This event is being held in conjunction with Wrexham Health Support Group and Diabetes UK Wrexham Local Support Group.

To book your place, please contact the LHCH Membership Office on **0151 600 1410** or email **membership.office@lhch.nhs.uk**. Everyone is welcome.

Visit **www.lhch.nhs.uk** for more details or follow us on Twitter **@LHCHFT**.