

members matters

The newsletter for all public and staff members of Liverpool Heart and Chest Hospital

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Further steps 'to be the best'

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Welcome



Neil Large,
Chairman



Jane Tomkinson,
Chief Executive

Welcome to the Autumn edition of *Members Matters*, the magazine for staff and public foundation trust members of Liverpool Heart and Chest Hospital.

Here at LHCH we strive to be the best for our patients and their families, and so hopefully you will enjoy this edition with the latest

updates about services, innovative projects, recent campaigns, staff achievements and much more. If you would like further information about any of the news in *Members Matters*, please don't hesitate to contact the Membership Office on 0151 600 1410 or email membership.office@lhch.nhs.uk.

LHCH leads crucial cardiovascular disease work

As part of changes in the way health systems reduce gaps in care and improve value from limited finances, LHCH is leading a key workstream

on cardiovascular disease across Cheshire and Merseyside.

Eight clinical programmes, ranging from prevention to emergency care,

have been established and each one is led by a doctor from LHCH, public health or our district general hospital partners.

Tony Wilding Director of Strategic Partnerships and Chief Operating Officer is leading the strategic work and said: "The workstreams are progressing well. I am delighted by the enthusiasm from stakeholders across Cheshire and Merseyside to make improvements." As senior responsible officer for the CVD programme, Jane Tomkinson, CEO, is ensuring that we obtain a broad range of views and inputs.



The CVD Group.

BBC visits LHCH to discover more about robotic surgery

BBC North West Tonight recently visited Liverpool Heart and Chest Hospital to find out more about our plans to establish the UK's

first robotic heart and lung surgery programme.

The news crew spent the day filming on site at LHCH, hearing from our

cardiac and thoracic surgeons, Mr Paul Modi and Mr Steven Woolley, and from Dr Jay Wright, Consultant Cardiologist, about the patient benefits of robotic surgery and the importance of bringing this service to Liverpool.

Earlier this year, a £2 million campaign was launched by Liverpool Heart and Chest Hospital Charity to help set up the programme, which will enable more patients requiring specialist cardiothoracic treatment to benefit from cutting edge surgery.

For the very latest on the hospital's campaign to bring robotic surgery to Liverpool or to add your support, visit www.lhchcharity.org.uk or call the Liverpool Heart and Chest Hospital Charity office on 0151 600 1409.



Dr Jay Wright being interviewed for North West Tonight.

'Best of the Best' Employee of the Month



May
Christine Mars
Senior Sister, Cath Labs

"Chris is an exceptional clinical researcher in the Catheter Labs and Research Unit. She has a wonderful bedside manner, never gets flustered, is tactful and full of compassion for her patients, and her work rate and study skills are phenomenal. Her work on the SACRED research programme, the first nurse-led project at LHCH, was outstanding and reached exceptionally high numbers of patients. Chris is a great model for any recently qualified nurse and a great asset and ambassador for the Trust."



June
Leila Evans
Personal Assistant

"Leila is a diligent, bright, and multilingual Personal Assistant who will always stay late until the job is done. She has a fantastic memory and excellent attention to detail in her work and her people skills when assisting staff and patients are highly valued. Leila is an exceptional employee who has consistently shown great dedication and always gives an outstanding performance in her role."



July
Max Jones
Security Supervisor

"Max always leads by example in his role as Security Supervisor. He has worked tirelessly over the past month in what has been a demanding period for the Security team, with increased national terror threats. Max has provided staff with knowledge and guidance on numerous security issues and is a real credit to the Trust."



August
Lyn Grue
Ward Clerk (Cedar Ward)

"Lyn always goes above and beyond to help staff, patients and relatives on Cedar Ward. She always has a smile on her face and everyone comments on her friendly and helpful manner. Nothing is too much trouble for her and she is very supportive to junior nurses. Lyn is extremely hard working, giving 100% effort to everything she does and is crucial to the day-to-day running of the ward."



September
Irene Ager
Domestic Supervisor

"Irene is a great domestic supervisor who always goes above and beyond to ensure the job runs smoothly. She always knows the solution when issues arise but will also listen to suggestions from the team and try to implement them if she thinks they will work better for the Trust. Irene is very supportive of all her staff, approachable, fair and easy to talk to, and always there when you need her. She is an absolute superstar!"

All change as we welcome our new Governors

We're very pleased to welcome seven new governors to the Trust following the recent elections in the summer.

The new governors took up their seats on the Council of Governors at the Annual Members' Meeting on 25 September. Three governors were re-elected.

Public foundation trust members in Merseyside, Cheshire, and North Wales as well as the staff from two professional groups voted in the election which was managed by Electoral Reform Services, an independent scrutineer.

The new governors will represent the interests of foundation trust members, the public and staff on the Council of

Governors, overseeing the Board of Directors as it manages the Trust during their three year term.

The new governors are:

Public constituencies

Merseyside: Elaine Holme, Dorothy Burgess, Ruth Rogers and John Black. Trevor Wooding was re-elected and becomes Senior Governor.

Cheshire: Mark Allen and Peter Brandon

North Wales: Denis Bennett was re-elected uncontested but one seat was unfilled.

Staff constituencies

Staff (Allied Health Professionals, Technical and Scientific): Dot Price

(elected uncontested)

Staff (Non Clinical): Sharon Hindley (re-elected)

Nominated Governors

We also welcome Cllr Christina O'Hare who has replaced Cllr Eddie Connor as the nominated governor for Knowsley Council.

Neil Large, Chair of Liverpool Heart and Chest Hospital said: "Thank you to everyone who voted in our elections and I'm delighted to welcome our new governors to the Trust.

"We're really looking forward to working with all our governors and adding their skills and experience to the work of the Council of Governors.

"I'd also like to thank the governors who are leaving us. They have given years of service and dedication to the Trust and we will really miss them.

"Governors play a vital role and their support is vital to help make the Trust and its services the best it can be for our patients and the communities we serve."



Governors old and new at a recent event

Disability Awareness Day

Governors attended the annual Disability Awareness Day 2017 event at Walton Hall Gardens, Warrington in the summer.

Many people stopped at the LHCH stand to find out more during the busy event and over 100 decided to join the Trust as a result.



Farewell and thank you to all our retiring governors

We said goodbye to our retiring governors at a special event. They included Paula Pattullo, Brian Roberts, Roy Stott and Arthur Newby, Mike Brereton, Judith Wright, Roy Griffiths and Doreen Russell who were thanked for their contribution by Chair Neil Large.



Arthur Newby stepped down in June.

New Non Executive Directors join the Trust

In a further change, Nicolas Brooks and Darren Sinclair were appointed new Non Executive Governors on the Board of Directors and are now undertaking their roles under the chairmanship of Neil Large.

Neil said: "I'm delighted that Nicolas and Darren agreed to join us. They bring a wealth of experience to the Trust that will help us plan for the future and we're very pleased to have them."



Nicolas Brooks



Darren Sinclair

Denis Bennett: Sad news

We were saddened to hear of the recent passing of Denis Bennett, who served LHCH as a Public Governor in our North Wales constituency.

Denis served faithfully on our Council of Governors since 2012 and as a former patient at the hospital himself, he fully understood the needs of our patients and their families. Over the last five years, he devoted himself tirelessly to supporting the work of the hospital and the care that we provide, and his quiet and dedicated approach ensured that he was held in the highest regard by his fellow governors and Board members.

His contribution was always considered and when he spoke people always listened – not just to someone with great insight, but to someone whose personal patient perspective meant that care and compassion were always at the forefront of our minds.

Our thoughts are with his family and friends.



Annual Members' Meeting

LHCH was pleased to hold our Annual Members' Meeting in September.

Chief Executive Jane Tomkinson, Chair Neil Large and senior managers presented the annual report on the Trust and its services over the last 12 months.

Paula Pattullo, Senior Governor for Merseyside, gave the Council of

Governors report and Mike Brereton, Public Governor for Cheshire reported on the membership. If you would like to know more, we've just published our new illustrated Annual Review, now available on our website.



Charity news update

It's been a very busy few months for our Charity Office and this is just a snapshot of what has been going on.

Robotic surgery campaign

Thanks to the support of our members, donors and patients, great progress continues to be made with the £2 million campaign to bring robotic surgery to LHCH.

Whilst we're planning to begin surgery in the early part of 2018, we still need to raise funds for the surgical instruments which the robot uses, as well as establishing a training and research programme. So if you would like to help, please do get in touch with the Charity Office.



Official opening of Orchard Way

On 25th September our new Orchard Way was officially opened by Neil Large, Chairman of the Hospital.

This wonderful woodland scene, which can be found opposite our Pharmacy Department, has been developed to help you share your memories and special times with us. Already one of the three trees is nearly full along with some of the animal shapes.

The Pharmacy team (pictured above) were one of the first to display a leaf in memory of their colleague Chris Birch, watched by family members.



caring for people with heart and lung disease

BIG thanks

The Charity Office are not the only ones who have been busy. Our donors have been making quite a splash, in more ways than one. Amongst them are:

Deborah Herridge who swam the English Channel on 2nd September and raised the magnificent sum of £1,793. Deborah had trained for well over a year to undertake her gruelling 17 hour swim so a BIG THANKS from all of us for her support.



Shaun and Andrew Bracey who organised the Mardi Gras Requiem Art Auction and raised the magnificent sum of £7,000 in memory of their father who passed away with heart disease – a truly magnificent effort!



Nyah Davies, from Wrexham, raised a fantastic £263 by travelling the longest Zip Wire in Europe – what a brave girl!



Congratulations to **Kath Clucas** (below left) and **Sarah Allen** who both recently completed the Manx Telecom Parish Walk – raising over £2,500 for LHCH Charity between them in memory of family members who had been treated here. Great effort ladies!



Even if you didn't get a mention we are incredibly grateful to everyone who supports LHCH Charity for all that you do for us.

In Living Colour makes an Autumn splash

Stanley Park in Liverpool once again played host to the In Living Colour 5K Run.

This year, all the funds raised will be used for our robotic surgery programme and so far the total raised is £4,400 – huge thanks to all those who participated and those who helped us on the day.

Pictured left is Trevor Wooding, Public Governor for Merseyside who pulled on his running shoes and joined in the fun. Right is a Colin Robinson 'selfie'.



FEELING CHRISTMASSY?

Shineathon

Add a light to this year's Shineathon to remember something or someone special to you. Each of the lights on the Christmas Tree at Main Reception will hold a memory – so why not add yours? Call us to find out more.

Christmas cards

If you are keen to get ahead of your Christmas shopping why not choose some of our lovely Christmas cards? There are three to choose from and each pack contains 10 good quality cards and envelopes.



For further information or to make a donation, please call 0151 600 1409, email enquiries@lhchcharity.org.uk or visit our website at www.lhchcharity.org.uk or why not come and see us when you're next visiting the hospital? We're located just opposite the new LHCH Outpatients Department and we are open from 8.30am – 4.00pm.



Aortic Symposium returns to Liverpool

Earlier this summer, LHCH was delighted to host the seventh biennial Liverpool Aortic Surgery Symposium.

In keeping with the tradition established during six previous symposia, an interactive environment was created to allow delegates to discuss and review important areas in aortic pathology and advances in surgical and endovascular management.

Mr Manoj Kuduvali, LHCH Consultant Cardiac Surgeon and Course Director, said: "It's always pleasing to welcome surgical colleagues from around the world and to have such a distinguished faculty of international repute participating in discussions was especially well received by all the delegates.

"We're now looking forward to the event in 2019."

Think Aorta – National Conference at LHCH

LHCH was the proud host and UK venue for this year's International Aortic Dissection Awareness Day, titled 'Think Aorta'.

Each year the event, organised in conjunction with Aortic Dissection Awareness UK, brings together more than 20 countries from around the world to create a wave of awareness about aortic dissection.

The conference was chaired by Mr

Mark Field, LHCH Clinical Lead for Aortic Surgery, and included sessions from Mr Graham Cooper, President of the Society for Cardiothoracic Surgery in Great Britain and Ireland, Miss Deborah Harrington, Consultant Cardiac Surgeon at LHCH, Barbara Harpham, Chief Executive of Heart Research UK, as well as former patients.



Life with a device

An information session was held recently at LHCH for patients and families concerned about living with an implantable cardiac device.

Clinical staff answered questions and provided helpful reassurance throughout the event.



Raising awareness of CF

As part of Cystic Fibrosis (CF) Awareness Week earlier in the summer, our CF nurses were on hand to answer questions and provide information to people about all things related to cystic fibrosis support, care and treatment.



Going digital with pulmonary rehab advice

Pulmonary rehabilitation patients attending the Breathe Programme at LHCH now have access to instant advice about managing flare-ups using their mobile devices.

The resource was developed to make the programme's support services more accessible. It uses augmented-reality videos of the hospital's own physiotherapists demonstrating breathing control and chest clearance

Healthy Lung Programme success

Liverpool's Healthy Lung Programme is improving early detection rates for lung cancers and undiagnosed COPD (chronic obstructive pulmonary disease).

The collaborative programme was launched by NHS Liverpool Clinical Commissioning Group in April 2016, to help find and treat as many cases of lung cancer and COPD in the city, as early as possible.

The programme has been inviting those aged 58 – 70 years, who have ever smoked and who live in areas of the city where lung cancer and COPD rates are highest, to attend a Healthy Lung Clinic at their local GP surgery for a short assessment of their lung health.

One patient to benefit from attending a Healthy Lung Clinic is 70-year-old Dennis Kerrigan, from Kirkdale near Everton.

He said: "I've worked in Kirkdale as a men's barber for the past 50 years and when I received a letter inviting me to get checked, I responded immediately."

Following an appointment at his GP surgery, Dennis was referred for tests which revealed he needed to undergo surgery at LHCH. Seven weeks after

surgery, Dennis was given the all clear by his surgeon.

He said: "I feel so lucky to have had the cancer spotted so early and the care and treatment that I've received from everyone involved has been first class."

Dr Martin Ledson, a Consultant at LHCH, said: "The Healthy Lung Programme has proven highly beneficial in helping to find more cases of lung cancer and other serious chest conditions such as COPD.

"Evidence shows that if lung cancers are found at an early stage, before any symptoms are showing, treatment can be offered with a much better outlook.

"Patients like Dennis who have been diagnosed with lung cancer after



attending a Healthy Lung Clinic are so thankful that they were offered early tests and treatment because if their condition had been picked up later on, the outcomes may have been very different for them."

For further details, please visit <http://www.liverpoolccg.nhs.uk/>



Get up, get dressed, get moving

We recently pledged our support to a new national campaign called End PJ Paralysis, which aims to get patients up and out of bed, dressed in their own clothes and moving as soon as they are well enough to do so.

Evidence shows that wearing pyjamas longer than necessary can make a patient feel vulnerable, whilst being mobile can help a patient recover more quickly from their surgery or treatment.

End PJ Paralysis has been rolled out across all our wards and our staff are working hard to embed this new approach.



Staff work out in new look gym

We were delighted to reopen our staff gym following extensive refurbishment earlier this summer.

The new facilities and brighter environment have already proved a hit, with increasing numbers of staff taking advantage of the gym each week to keep on top of their health and wellbeing.



LHCH triumphs at NHS Games



Huge congratulations to both the LHCH netball and football teams on winning their respective tournaments at this year's North West NHS Games and for raising awareness of the importance of health and wellbeing.



Looking after staff health and wellbeing



This year, we have been working hard to raise awareness of the importance of health and wellbeing among our staff and actively providing advice, guidance and support to help them in their daily jobs, through a series of quarterly events.



There was a fantastic response to our Summer Sizzler event, with staff coming to find out more about general health issues, sun awareness, smoking cessation, healthy eating, and meditation, as well as 'taking on the Board' with a five minute rowing challenge!

A celebration of learning



Our Education and Development Team were proud to host a brand new 'Celebration of Learning' award ceremony for staff recently.

The event aimed to recognise educational achievements as well as the hard work and dedication of staff who had either studied for a qualification or who had helped to develop and mentor others.

Chief Executive, Jane Tomkinson and

Director of Nursing, Sue Pemberton, were on hand to congratulate all the winners including:

- **Fay Murphy, Therapies:** Recognition of Learning Award
- **Dr Clare Appleby, Interventional Cardiology Consultant:** Mentor of the Year Award
- **Helen Brewer, Advanced Nurse Practitioner:** Contribution to Education Award



Innovation Factor launched at LHCH

LHCH recently launched an exciting new initiative to capture ideas and innovations from staff about how to improve services or the care which they deliver.

Working in collaboration with TRUSTECH, the NHS innovation experts, all LHCH staff, from clinical or allied health professionals, to managers and corporate departments, now have access to *Innovation Factor*, a service designed to help turn ideas into reality.

Any ideas that may lead to improved care, services or efficiency within the NHS are simply submitted to *Innovation Factor* for assessment and feedback.

So if you're a member of staff with an innovative suggestion or idea, visit the *Innovation Factor* section of the staff intranet to find out more or go to www.innovation-factor.co.uk



A few more conversations – a few more actions

Our regular roadshow of Big Conversations proved to be a hit once again with staff from all areas of the hospital, providing an ideal forum for sharing ideas and gathering feedback on a range of issues.

This summer's series of Big Conversations focused on how LHCH could continue to deliver outstanding care, as well as some of the key findings from the national NHS Staff Survey.

Thank you to all staff who attended and shared their views!

LHCH given top ratings

Earlier this summer, patients once again rated LHCH as one of the best hospitals in the country, in the Care Quality Commission's National Inpatient Survey 2016.

The annual survey of adult inpatients considered areas such as admission to hospital, the hospital ward, doctors and nurses, care and treatment, operations and procedures, leaving hospital, as well as the overall patient experience. It aims to highlight what patients think about the care and treatment they receive and the feedback helps trusts to understand where improvements can be made.

For LHCH it showed that we had been **rated number two in the country** for 'overall patient experience'.

The results also showed that 65% of our patients responded to the survey, significantly higher than the national response rate of 44%.

Could you be a Governor for North Wales?

There are two vacancies on the Council of Governors for our North Wales seats and we want to hear from anyone who may be interested in becoming a Governor for this region.

If you would like to know more, please contact the Trust Membership Office on 0151 600 1410.

For further information, please visit the Council of Governors' pages on our website.

World Radiography Day



LHCH recently celebrated World Radiography Day and our outstanding team of radiographers, as well as raising awareness of the work they do for patients every day.



Meet the students

Thanks to the LHCH governors who recently spent the day at Liverpool John Moores University meeting students, talking all things membership and highlighting the amazing work that goes on at LHCH for patients and families.

If you're interested in becoming a member, please visit the membership section of our website.



Email us

Did you know that over 2,000 public members receive details about the latest news and events at LHCH by email? Email is the quickest and easiest way to let you know what's happening at LHCH and it's a great

way to keep costs down and help the environment. If you don't receive updates on your computer or smartphone from us, please contact the Membership Office and register your email address today.

Contact us

If you'd like further information about membership, events or the contents of the magazine, please contact the Trust Membership Office on **0151 600 1410** or email **membership.office@lhch.nhs.uk**

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