

Autumn 2019

membersmatters



The Rowan Suite

World Class Private Heart & Chest Care

Opened
September 2019



Rowan
Suite
officially
opened

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steps 'to
be the
best'

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Welcome

Welcome to the autumn edition of **Members Matters** – the newsletter for staff and public foundation trust members of Liverpool Heart and Chest Hospital.

There is lots to read about in this edition of the newsletter. In particular, the launch of our new cardio-oncology service, the results from this year's LHCH Photo Competition which brighten up our corridors for all to enjoy and the official opening of Rowan Suite to name just a few. In addition, we have celebrated a number of Outstanding achievements from Team LHCH and we hope you enjoy reading about them.

If you would like further information about any of the news in *Members Matters*, please don't hesitate to contact the Membership Office on **0151 600 1410** or email membership.office@lhch.nhs.uk.



Neil Large,
Chair



Jane Tomkinson,
Chief Executive



An outstanding celebration

On 19th July, team LHCH enjoyed a summer BBQ in recognition of their hard work and dedication in ensuring the hospital is able to deliver outstanding care and services for patients and families.

The event was held soon after the announcement that the Care Quality Commission (CQC) had rated LHCH as 'Outstanding' for the second time. Patients and families also joined in the occasion with celebratory cupcakes.

LHCH Photo Competition 2019

Over 150 entries were received for this year's LHCH Photo Competition and were considered by the judging panel over the summer.

50 entries were shortlisted and are now displayed on the hospital corridors for patients, staff and visitors to enjoy.

The judging panel were extremely impressed with the high quality of entries and had difficult decisions to make. The worthy winners were presented (as pictured) the following:

1st Place – 'Fun in the Flowers'

**Wilkinson
Cameras**
www.wilkinson.co.uk

(inset right) by Lynsey Macmillan who was also the Landscapes Category Winner

2nd Place – 'Summer Breeze' by Lia Rizzo who was also the Great British Weather Category Winner

3rd Place – 'Out of this World' by Emma Parkinson who was also the Buildings & Structures Category Winner

4th Place – 'Sunset at the Albert Dock' by Isabelle Roy who was also the Winner of the Young Persons Category.

Thank you to Wilkinson's Cameras who kindly supported this year's competition and donated prizes for our winners.



Patients to benefit from new cardio-oncology service

Patients with pre-existing or potential heart conditions are set to benefit from a new joint cardio-oncology service being established by LHCH and Clatterbridge Cancer Centre.

The new service, launching this autumn, will see close collaboration between oncologists and cardiologists from the two trusts to provide cardiac assessment and care for a wide-range of patients before, during and after their cancer treatment.

Dr Rebecca Dobson, Consultant Cardiologist at LHCH, who is leading the service, said the benefits for patients and families will be significant.

"Alongside an ageing population, the incidence of cancer has risen in recent years. Whilst advances in treatment have led to better oncology outcomes for cancer patients, one of the side effects is that these cancer treatments can lead to cardiac problems.

"We know that many cancer patients also have cardiovascular problems before they start cancer therapy. Therefore it is really important for patients to have rapid access to cardiovascular investigations and assessment in order to prevent delays to their treatment.

"This new dedicated cardio-oncology



Dr Rebecca Dobson, Consultant Cardiologist at LHCH.

service not only helps to identify patients at risk from cardiac illness earlier, it provides rapid access to specialist cardiovascular care and treatment, but also ensures a more holistic approach that will improve the patient experience. Our ultimate aim is to prevent the cancer patient of today becoming the cardiac patient of tomorrow."

Dr Dobson added: "There is a lack of high quality research within the field of cardio-oncology and we are keen to address this by conducting research studies locally. This will further benefit our patients in terms of their care, treatment and potentially their clinical outcome."

The service will be based initially at LHCH and will be supported by Dr Jay Wright, Consultant Cardiologist, two highly specialised cardiac physiologists and a wider multi-disciplinary team. It will look after:

- patients who require cancer treatment but need their cardiovascular status and heart function assessed before treatment starts
- patients who are currently receiving cancer treatment and have developed a cardiac complication
- patients who have been cured from cancer but are now suffering from heart problems due to previous cancer treatments.

New funding for screening services

New grant funding for LHCH could help detect life-threatening inherited heart conditions in hundreds more people across Merseyside, Cheshire and North Wales.

The hospital has received funding which will pay to improve cardiac and genetic screening services for inherited conditions such as hypertrophic cardiomyopathy (HCM).

The grant has been provided by the Miles Frost Fund and the British Heart Foundation (BHF).

Miles Frost, the eldest son of broadcaster Sir David Frost, died suddenly at the age of 31 from an undiagnosed heart condition called hypertrophic cardiomyopathy, caused by a faulty inherited gene.

Since it was formed, the fund has supported 13 specialist inherited cardiac condition clinics across the UK. Thirty-one new BHF specialist cardiac genetic nurses, genetic counsellors and family history co-ordinators have already been appointed and services have seen more than 2,600 people since the

funding began.

It is estimated that around 120,000 people across the UK have HCM, the inherited heart condition that took Miles's life, which often has no symptoms but, in some, can cause a cardiac arrest without warning.

Dr Rob Cooper, Consultant Cardiologist at LHCH, said: "The consequences of failing to identify those at risk of HCM can be fatal. Therefore it's important that immediate family members of those affected by HCM are referred for consideration or screening, and through this improved service and the support of the Miles Frost Fund, we can help many more families.

"We want to work with our NHS partners to raise awareness, and



make testing as widely available as possible."

Joanne Whitmore, BHF Clinical Lead, said: "We're delighted to support this new screening programme, which can identify people at risk so that action can be taken to help manage their condition, and could save hundreds of lives across the region."

The funding received by LHCH is paying for a specialist nurse and genetic counsellor to help identify and support patients and families affected by inherited heart conditions, aiming to prevent tragic events such as those suffered by the Frost family.

Rowan Suite officially opened

We were delighted to welcome Lady Anne Dodd (pictured) and former Liverpool FC Chairman, David Moores to LHCH recently for the opening of our new private patient unit The Rowan Suite.

The unit boasts fantastic new facilities and will enable us to further invest and develop our future NHS care.

Find out more about The Rowan Suite at www.therowansuite.co.uk



Side room in Rowan Suite



Lady Anne Dodd with members of Rowan Suite team



Introducing the new Head of Research and Innovation

Vicky Wilkinson (pictured) joined Team LHCH this summer as the new Head of Research and Innovation. *Members Matters* had a chat with Vicky and asked her about all things research and what we can watch out for in the future.

Can you tell us more about the different types of research being undertaken at LHCH?

In my first few months at LHCH I have been impressed by the wide range of research that takes place. It ranges from student projects right through to complex clinical trials. There is research happening in areas of cardiovascular, respiratory, surgery and oncology.

There are large national and international studies as well as local pilot studies, all of which aim to make significant advances in the treatment options offered to patients.

Why should patients or staff get involved in research?

A research active culture can bring a host of benefits for patients, clinicians and the NHS.

People being cared for in the NHS benefit from past research, and continue to benefit from research that is currently being carried out.

Research drives innovation, enables better and more cost-effective treatments and creates opportunities for staff and patients and ensures we deliver best evidence based practice. Research can find answers to things that we don't know enough about yet, filling gaps in knowledge and changing the way that healthcare professionals work.

Research studies can be designed

with many different aims and purposes such as diagnosing diseases or health problems, treatments to improve survival rates or improving people's quality of life if they are living with an illness.

Research and clinical trials are an everyday part of the NHS. Patients and the public are an important part of research, providing insight for researchers and clinicians about what it is like to live with a specific condition as well as the potential benefits and/or impact of future research on their lives.

For me when we refer to staff, it's referring to people directly and indirectly involved with care delivery – everyone across clinical, managerial, administrative and support roles.

From coming up with research questions, to collecting data and disseminating findings, NHS staff make valuable contributions at every stage of the research process.

How can they get involved?

There are contact details for the Research and Innovation Department on the Trust website www.lhch.nhs.uk/research/ so I would urge people to get in touch, email or talk to us and then we can best understand how they would like to get involved.

It could be to see what research trials are open which could be suitable for someone to take part in, to suggest

an idea for a research project or contributing in another way to one of the different aspects of research.

Are there any new and exciting plans for future research and innovation?

There are many collaborations and partnerships that LHCH is involved with and will continue to be an active part of going forward; the Institute of Cardiovascular Medicine and Science (ICMS), Liverpool Centre for Cardiovascular Science (LCCS), Innovation Agency, Clinical Research Network North West Coast, Applied Research Collaboration (ARC) NWC and Liverpool Health Partners to name some of them..

By working with our strategic partners in patient groups, academia, NHS and industry we can identify the most important research questions to be addressed and the most effective ways to answer those questions. I think the exciting thing about research and innovation is that it constantly evolves and ideas are generated all the time. The key to any plans is making sure that we keep on making research everyone's business with an embedded culture of research excellence.

On behalf of everyone at LHCH we would like to wish Vicky a very warm welcome.

World Heart Day atrial fibrillation screening event



To help mark World Heart Day (29th September), colleagues from Liverpool Centre for Cardiovascular Science organised an atrial fibrillation/free public screening event in Liverpool One by John Lewis (pictured).

The team had a great response from the public who received heart health advice despite the rain.

To further raise awareness of AF, LHCH will be holding a Know Your Pulse event in the main reception on Monday 18th November between 10am and 2pm. All welcome.

#hello my name is...Emma

Emma Rickards is the first Consultant Nurse for Respiratory Medicine at LHCH and works within the Knowsley Community Respiratory Service (KCRS).

KCRS sees thousands of patients a year. Consultant clinics are run in the community alongside the diagnostic, respiratory nurse, physiotherapist and counselling services, and every patient has access to investigations (spirometry, blood gas analysis) and a treatment plan on the same day.

What is your role within team LHCH?

I joined the service in 2008 as a nurse working in both the acute and community setting.

Over the years, I have been lucky enough to work and lead in areas of the service and with support from the leadership team, I was successful in becoming the first respiratory nurse consultant within KCRS and LHCH as a whole.

As part of my role, I work in the SWISS nursing team within the emergency department (ED) providing clinical assessments, organising relevant tests and diagnosis in collaboration with the clinical team in order to prevent inappropriate hospital admissions.

I also have a keen interest in oxygen and work as part of the multi-disciplinary team in discussing and implementing care for complex cases. I enjoy undertaking the community respiratory clinics which are run over 7 localities supported and mentored by our medical consultants within the team.

Part of my role is to undertake research in order to advocate for health care policy and contribute and influence guidelines and practice in

order to improve patient care. I am in the last year of my PhD focusing on improving end of life care for patients within ED. I have also undertaken an internship in reducing health inequalities for patients with asthma, and have introduced and published data on an oxygen safety initiative.

As part of my role I offer mentorship, act as a clinical and professional leader, providing educational sessions and contribute to service provision and development.

What inspired you to pursue this role?

Over the years, I have been fortunate enough to work with some inspiring leaders and clinicians from all health care professions all of whom have encouraged me along the way. I have been motivated by the impact and improvements they have provided to patient care and the workforce.

I felt as a nurse consultant, this would give me the opportunity to contribute to such improvements on an equal level. Additionally, I wanted to be a strong role model and leader who is visible within the clinical setting, promote equality within the workplace, offer career pathways and development to my nursing colleagues, and importantly to promote the professional identity of a nurse. I want to say thanks to all of the nurses' that I have worked with past and present for inspiring me and making me the nurse I am today.

What makes you most proud?

I truly love my job and I feel very lucky that I'm able to work in a role that I enjoy. For me, I am proud to be a

nurse as it is a multi-skilled profession where we are caring, compassionate and contribute to evidenced-based practice with the patient at the centre of everything we do. For my colleagues, I am most proud seeing how the role has progressed and I am able to support the staff to gain their advanced practitioner skills and prescribing qualification.

For the patient, I have been able to empathise and comfort those at the point of diagnosis and I have been privileged to give a patient the death they wished for and held their hand until their last breath.

What would your advice be to anyone looking to move into a career in respiratory nursing?

Respiratory nursing is one of the most challenging, yet rewarding areas to work. It's an exciting time, with extended roles, new technologies and integrated hospital and community services, offering such a wide range of experiences.

Patient healthcare is at the core of everything we do and within respiratory at LHCH/KCRS expect change at a fast pace, as we are always looking for new ways of working better, paving the way for innovation and advancements. Being a respiratory nurse is extremely diverse, so there is certainly always something new to learn. This is what attracts so many to come and work within the speciality



LHCH ranked top for Speaking Up

The National Guardian's Office has launched a new Freedom to Speak Up Index – a benchmarking tool that enables trusts to understand the importance of fostering a positive speaking up culture. LHCH is delighted that we have been ranked the top performing acute specialist trust in the country.

The new Index aims to measure the Freedom to Speak Up cultures within trusts and has been developed in collaboration between the National Guardian's Office and NHS England, based on findings taken from a subset of questions within the NHS Staff Survey.

Dr Henrietta Hughes, National Guardian, said: "A healthy Freedom to Speak Up culture is a reliable indicator of a high performing organisation."

"This was borne out in the results of the survey of Freedom to Speak Up Guardians that my team carried out last year where there was an apparent correlation between CQC rating, and the perceptions of Guardians about the Freedom to Speak Up culture in their organisations."

Lucy Lavan, Executive Lead for Freedom to Speak Up at LHCH, said: "We are delighted that the new Freedom to Speak Up Index recognises the focus we have had in recent years to embed a culture of openness, honesty and transparency with our patients, families, as well as our staff."

"We believe that speaking up is vital because it helps us to keep improving services for all patients and the working environment for our staff."



Helen Turner, FTSU Guardian and Angelique Bray, FTSU Champion are pictured at the National Guardians Office in Westminster receiving the award.

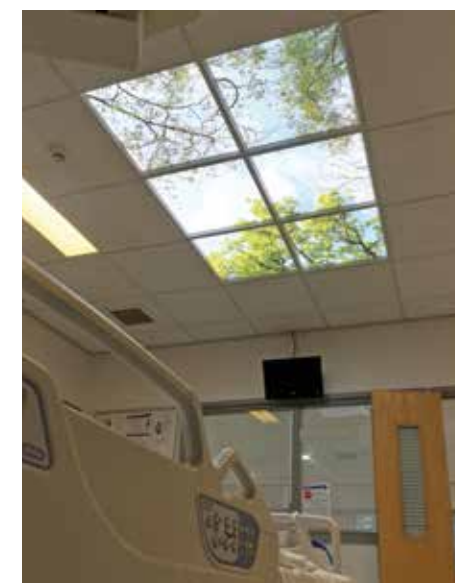
Assessing the hospital environment

The annual PLACE assessment was undertaken on 9th October by patients and members of the public.

The assessment provides an opportunity to influence improvements by providing a clear message about how the environment or services (such as hospital food) might be enhanced.



Sharon Hindley, Facilities Manager, Ruth Rogers, Public Governor – Merseyside, Julie Cartwright – Ward Manager, Aspen Suite and Joan Burgen – Public Governor, North Wales on their assessment of Elm Ward.



LED sky ceilings introduced in ITU

An innovative ceiling has been installed in our Intensive Care Unit thanks to valuable monies raised by LHCH Charity.

It is hoped that this small change will make a big difference to the experience of patients and families while they receive care here at LHCH. In particular, it is hoped that the new sky ceilings will help to reduce the effects of delirium on our patients within the unit.

Coming soon...

Following the success of last year's programme we are delighted that BBC 2's award winning Hospital documentary is returning to Liverpool for a second series. Read more in the next edition of *Members Matters* in the new year, visit our website www.lhch.nhs.uk, follow us on twitter @LHCHFT or Facebook <https://www.facebook.com/lhchft>.





Andrea McIver, Jo Dunbar, Dr Martin Ledson, Nicki Maddock and Sophie Mercer.

Liverpool Lung Cancer Unit showcased on global stage

The Liverpool Lung Cancer Unit, which is a partnership service provided by LHCH and RLBUHT, was recently represented at the 2019 World Conference on Lung Cancer in Barcelona by the Macmillan Lung Cancer Clinical Nurse Specialist team and Dr Martin Ledson, Clinical Lead for Respiratory Medicine.

The team presented aspects of their services such as their virtual clinics, inpatient pathways and the journey

for patients straight to CT Scanner. The LHCH way and models of care were very well received and acknowledged for its patient centred approach, efficient use of resources whilst also demonstrating the unique role of the Clinical Nurses Specialist in improving patient outcomes.

Congratulations to all the team for their outstanding work and to the Research team who also attended to launch results of the recent VIOLET trial.



Do you have spare time on your hands? Would you like to support our Outstanding hospital?

Our volunteers play a valuable role in supporting our patients, staff and visitors. We are looking for more outstanding volunteers to carry out these key roles:

- Meet and Greet Volunteers who are based in Main Reception/

Call for volunteers

Outpatients Department

- Ward Volunteers who assist our ward staff with a variety of tasks including chatting to our patients.

Members Matters met **Christine Powell-Veness** and **Marian McGlynn (pictured)** to find out what they enjoy about volunteering at LHCH.

Chris said: "I found out about the opportunity when I was visiting the hospital and thought why not?! I've now been here volunteering for two years. The role brings structure to your week when you are retired and I enjoy that you have the opportunity to meet and chat with so many people through the role."

Marian said: "I've volunteered here for five and a half years and joined when I retired. I feel a great sense of purpose and achievement supporting the hospital and its patients, staff and visitors. When you start you can choose what commitment you would like to give and what day(s) that you would like to volunteer so it fits around you. I would highly recommend it."

Interested? Recruitment is on a quarterly basis. Please contact the Patient and Family Support Team by emailing PFSTeam@lhch.nhs.uk or calling **0151 600 1639** who will advise you how to apply.

LHCH Women in Cardiology conference

LHCH was delighted to host a fabulous Women in Cardiology session at the hospital.

A full house heard from some brilliant clinicians offering professional expertise, insight, practical advice, with an eye on innovation and future plans. Huge thanks to the organisers and guest speakers which included Dr Rebecca Dobson, Dr Clare Appleby, Dr Petra Jenkins and Dr Clare Hammond.



'Best of the Best' Employee of the Month 2019

Congratulations to our most recent Employee of the Month winners who have been selected by the judging panel for going above and beyond the call of duty. You can nominate your unsung hero by using the nomination cards and post boxes located around the hospital. All our Employee of the Month winners will be considered for the Employee of the Year Award at the annual awards ceremony later this year.



June 2019

Sandra Belchambers

Senior Chief Cardiac Physiologist

Sandra received the following nominations:

"Sandra recently carried out echos for two Primary PCI cases. She was an immense help with both and these changed the management decision for treatment. I very much appreciate her help in helping with these complex cases which was a great support for me dealing with back to back three PPCIs. Thank you to Sandra who goes out of her way to help."

"Sandra is a valued colleague who is clearly going the extra mile in difficult circumstances. It's always good to hear about colleagues making positive contributions like this. I'm not surprised as Sandra is always a great person to have around when sick patients arrive."

July 2019

Peter Cassidy

Trainee Respiratory Physiologist

"Peter transferred to Respiratory Diagnostics from the Porters Department four years ago. Through hard work and determination he has since gained a foundation degree in healthcare science and has progressed to Trainee Physiologist with a bright future in Physiology. Peter is a valued member of our staff who is always happy and cheerful with both patients and colleagues. He also goes the extra mile promoting the Trust's values wherever possible. In two words Peter is a 'shining star'."

August 2019

Danielle Burton

Service Line Manager – Adult Congenital Heart Disease

"Danielle has worked extremely hard to co-ordinate the Adult Congenital Heart Disease Service since she started in post in January. This is a new service to the Trust that has issues that span across the North West. Danielle has devoted herself to the service and goes above and beyond in her job. The ACHD Service participated in a peer review and the team were highly commended for the developments to the service in such a short time. The panel were extremely positive with regards to the service and Danielle played a huge part in the success of the review. Danielle co-ordinated all submissions and rallied the team together through difficult data collections."



Celebration of Learning

This summer, our annual Celebration of Learning event was held for all LHCH staff.

Congratulations to Becky Moore, Jayne Carberry, Rob Frodsham and Victoria Rouse who received awards for their

role in learning or supporting learning in the past 12 months and to all members of Team LHCH who were nominated for their efforts.



Charity news update



Amazing abseilers

Saturday, 24th August saw 29 brave and hardy souls take on the 150 foot free drop abseil from the Great West Door of Liverpool's Anglican Cathedral.

We're glad to report that all of them made it safely to the ground and not only that but several of them wanted to go to the top and do it all again! In total they raised over £4,500 for LHCH Charity an amazing amount for a group of truly amazing people!



SINGING OUT!

The wonderful Sing Me Merseyside put their vocal talents to use and supported LHCH Charity at Liverpool One on Sunday 8th September. This fantastic choir sang their hearts out for an hour and a half and helped us raise much needed funds from passers-by and people who actually took time out of their shopping trip to listen. A big thank you to all the choir members for coming out and supporting us on the day.

Grand Winter Raffle

Our Grand Winter Raffle is now in full swing and if you would like your chance to win our top prize of £1,000 or a host of other great prizes get in touch with the Charity office (located close to the Outpatients Department) or by calling 0151 600 1409 and we can send your tickets out to you.

Already received Spotlight?

Apologies if you have already previously received a copy of our LHCH Charity newsletter "Spotlight" in a recent mailing. Please help us spread the word about LHCH Charity and share this newsletter with a family member, friend or colleague. Thank you.

Mark achieves Gold in British Transplant Games

Mark Allen, Public Governor – Cheshire (pictured below) recently attended the Westfield Health British Transplant Games in Newport, Wales.



Members Matters is delighted to report that Mark was awarded a gold medal and is once again British champion in his age category for table tennis.

Mark, who had a double lung transplant in 2005, also now needs a new kidney and had to go to have his medal ceremony early so he could drive to Cardiff for dialysis.

Mark who currently works for Halton Council and is a former teacher and journalist, was born with Cystic Fibrosis but has tried not to let it hold him back, having lived in Holland, USA and South Korea among other places. He also developed diabetes as a result of the CF. The anti-rejection drugs are toxic to the kidneys and he has to have dialysis for four hours, three times a week, which he fits around a full time job.

Mark spoke of this inspiring achievement: "The idea of the transplant

games is to raise awareness of what can be achieved. We don't just need people to sign up to the Organ Donor Register. We also need them to have the conversation with their families and loved ones so they truly understand their wishes."

Mark represents Newcastle Freeman at the British Games and Team GB at the Europeans. Congratulations to Mark on this fantastic achievement – everyone at LHCH is extremely proud of you.



Wrexham Lungs Health Event is huge success

Our most recent health event was held in Wrexham on 1st October 2019.

This event was held in conjunction with Breathe Easy Wrexham Group. Jennifer Furlong and Paul Maines from the Respiratory Diagnostics team provided an informative and thought provoking talk on Obstructive Sleep Apnoea and Diagnosing Respiratory Disorders. There was a lively and engaging question and answer session at the end of the meeting.

Pictured right are Paul Maines, Jennifer Furlong and Joan Burgen, Public Governor-North Wales who hosted the event.

Watch this space for details of our 2020 Events Programme which will be advertised in future editions of *Members Matters*.



Governor News

Welcome to Sharon Faulkner, Staff Governor – Registered and Non Registered Nurses and Dr Rebecca Dobson, Staff Governor – Registered Medical Practitioners who have recently been elected to join the Council of Governors.



Sharon (pictured above) spoke of her new role: "As a Matron for the Knowsley Community

Cardiovascular Service here at LHCH, I am pleased to have been given the opportunity to represent my nursing colleagues and bring a community services perspective to the Council of Governors. I have worked at LHCH for 19 years and the last 10 have been in community services. I hope to be able to bring an insight of the patient journey on discharge from LHCH and act as an advocate within primary care."

Dr Dobson said: "I have had the privilege of working at LHCH since 2013 and completed the majority of my cardiology specialist training here. I have recently been appointed by LHCH as a Consultant Cardiologist (specialising in imaging and cardio-

oncology). I am passionate about continuously improving the LHCH experience for our patients, relatives and staff and am keen to play an active role in shaping the bright future of the Trust."

Hollie Swann, Head of Operations for the Institute of Ageing and Chronic Disease (pictured right) has also now joined the Council of Governors as the Appointed Governor – University of Liverpool.



“Over to you

Some of the recent messages LHCH has received on our social media channels.

“Brilliant hospital – the best I’ve ever been to. I was seen exactly on time. The staff are lovely and caring and they really take the time to make sure you leave reassured. Thank you so much for the care I have received.”

“Absolutely amazing people work at LHCH. I was well looked after 12 months ago when I had open heart surgery. It was a difficult time but was made easier with amazing staff looking after me thanks again.”

“I wouldn’t be here now if it wasn’t for the fantastic heart team. I had a heart attack and had to be resuscitated a few times I owe my life to the staff.”

“Absolutely wonderful treatment and after care and the best hospital you could wish for. I would highly recommend this hospital to anyone.”

“Absolutely brilliant service @ LHCHFT on Willow Suite. The team were brilliant. 1st rate. What a team & facility you have!”

“My sincere thanks to POCCU and Elm Ward who went out their way to look after my dad. My family really owes you. You saved my life five years ago and now my Dad with his valve replacement.”

“Thank you for my 2nd chance – for me and my children aged 16, 13, 3 and 2 years.”

Get social

We always welcome comments and feedback on our social media pages.



Twitter @LHCHFT



Facebook
www.facebook.com/lhchft/



Alternatively please email
communications@lhch.nhs.uk.

Privacy notice for our Members

We collect and hold public and staff member information for the purposes of the Trust to meet the legal requirements set out in UK law, or exercise the official authority established for a Foundation Trust as a public body.

Personal information will only be used to fulfil the requirements in relation to the individual's membership of Liverpool Heart and Chest Hospital NHS Foundation Trust and not shared elsewhere.

Staff and Public Members can opt out at any time by contacting the Membership Office on **0151 600 1410** or by emailing **membership.office@lhch.nhs.uk**

For more information please visit the LHCH Privacy Notice on our website **<http://www.lhch.nhs.uk/about-lhch/information-governance/data-protection-and-confidentiality/privacy-notice/>**

Email us

Did you know that over 2,000 public members receive details about the latest news and events at LHCH by email? Email is the quickest and easiest way to let you know what's happening at LHCH and it's a great

way to keep costs down and help the environment. If you don't receive updates on your computer or smartphone from us, please contact the Membership Office and register your email address today.

Contact us

If you'd like further information about membership, events or the contents of the magazine, please contact the Trust Membership Office on **0151 600 1410** or email **membership.office@lhch.nhs.uk**

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