

Reference Number: FOI2021/351
From: Commercial
Date: 14 October 2021
Subject: Mechanical Restraint

Q1 Does the NHS Trust authorise the use of any kind of mechanical restraint?

A1 No

Q2 What types of Mechanical Restraint is authorised? e.g. Handcuffs; Soft Cuffs; Velcro Leg restraints; Emergency Response Belts (ERB). Spit hoods

A2 Information not held – as per A1 below

Q3 Is the necessary training to apply the authorised form of mechanical restraint linked to a nationally recognised training qualification?

A3 Information not held – as per A1 below

Q4 Does the NHS Trust authorise the use of Posey Mitts, if a risk assessment deems them to be a reasonable and proportionate response?

A4 Yes, the Trust does authorise the use of Hand Control Mittens if deemed to be a reasonable and proportionate response following a risk assessment. There is a policy in place for this.

Q5 Total number of recorded incidents of mechanical restraint usage (of any type) if in use for the period September 2020 - September 2021

A5 Zero