

Reference Number: FOI202324//065
From: Private Individual
Date: 11 May 2023
Subject: Information regarding prevention strategies

I kindly request your assistance in providing me with information regarding the prevention strategies implemented or planned by your NHS Trust (if available) in line with the NHS Long-Term Plan 2019.

Q1 Specifically, I am interested in obtaining details about the measures, initiatives, and actions taken by your NHS Trust to address the "prevention" aspect outlined in the NHS Long-Term Plan. This may include but is not limited to:

Strategies or programs focused on promoting healthy lifestyles and preventing diseases. Initiatives aimed at reducing health inequalities and improving access to preventive healthcare services.

Collaborations with local authorities, community organizations, or other healthcare providers to enhance prevention efforts.

Allocation of resources or funding for prevention activities.

Policies or guidelines related to preventive healthcare services.

A1 Liverpool Heart and Chest Hospital take a leadership role reflected in its involvement with the Cheshire and Merseyside (CM) Cardiac Board, chaired by LHCH, which has overall responsibility for delivering the CM Cardiac Programme, which includes 2 key areas of focus:

- Cardiovascular disease (CVD) prevention
- Cardiac Transformation Programme

CVD Prevention

CVD prevention programme is delivered through the CM CVD Prevention Group again chaired by LHCH. The group is multi-disciplinary and multi-agency group involving partners such as: Innovation Agency, CM Cardiac Clinical Network, Public Health, Academia, Industry, Place representatives from each of the 9 places across CM.

Key focus for the group is on three high risk conditions associated with CVD; Atrial Fibrillation, Blood pressure (Hypertension), cholesterol to support achievement of the national ambitions set out within the NHS Long-Term Plan. A key achievement of the group is the recent development and publication of the Advancing CVD Prevention Strategy for CM – detailing vision, ambition and objectives for the group.

At a local level the Trust lead a variety of CVD Prevention initiatives:

- Outreach test delivering mini health checks to the public, schools, local business to raise awareness of the importance of maintaining a healthy lifestyle to prevent long-term conditions. Partnership working is key to the sessions success and LHCH work with local GP's, PCN's e.g. Aintree PCN and SWAGGA, DWP, CAB, Women's institute.
- Liverpool healthy families heart and lung project – consist of two elements
a. educational series delivered to KS2 children about heart/circulatory health and
b. opportunistic session where LHCH staff deliver mini health checks to adults connected to the school e.g. parents, staff, carers etc.

Delivered in partnership with LFC Foundation, Heart Research UK, local PCN's

- Live well work well events – staff focused events where staff are given a mini health check and lifestyle advice from smoking cessation through to debt advice and mental health support. Delivered in partnership with LUHFT and Mersey Care Foundation Trust.
- Joint approach to health inequalities working with LUHFT colleagues
- Smoking cessation pathway introduced
- Member of the integrated care team/Team 100 as part of one Liverpool
- Director of Strategic Partnerships is SRO for the long term conditions segments – One Liverpool.