Liverpool Heart and Chest Hospital **NHS**

NHS Foundation Trust

Board of Directors (Public)

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Board report

Subject: LHCH Monthly Staffing for Reporting Period for March 2016

Date of meeting 25th April 2016

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| BAF Ref | Impact on BAF Risk Rating? | |
|---------|----------------------------|--|
| 1,2 | None | |

1.0 Executive Summary

From June 2014, NHS England has stipulated that all Trusts with inpatient beds are required on a monthly basis to publish their staffing levels (planned versus actual) in hours on the NHS Choices website. In addition, Trusts are required to publish this data on their own website, on an individual ward basis. This information sits alongside a range of other indicators related to staffing within the Trust e.g. date of last fall/ pressure ulcer etc.

It is also a requirement of NHS England for Trusts to present staffing information on a monthly basis to the Board of Directors to ensure they are appraised of staffing within the organisation in line with national directives. LHCH highlights this information on each ward to the public. In addition, this information is displayed on electronic boards at the entrance of each ward which is updated for each shift.

At LHCH, information relating to staffing establishments, patient safety issues, occupancy etc., has been presented 6-monthly for the last 4 years, undergoing scrutiny by the Heads of Nursing. A report was presented in December 2015 to the Quality Committee and Divisional Governance Committees by the Heads of Nursing. This report details planned and actual nurse staffing levels for the month of March 2016, including any red flag concerns. All shifts were reported as safe during the month however there were 17 days with red flag concerns noted for Mulberry ward due to not having 2 registered nurses on each shift. (Explanation of red flags can be found in Appendix 1). Safety was not compromised as at no time was the registered nurse responsible for more than eight patients.

2.0 Staffing Report

The information demonstrates the staffing information per ward and details planned staffing versus actual, stating which shifts have not met their staffing ratio and reasons for this. Where staffing compliance is not at 100%, the paper details the reasons why and the action taken to address the shortfall. On a daily basis, professional judgement is used to ensure that the wards have the appropriate staff and skill mix in place to ensure that safe quality care is delivered to patients and their families. Any risks are managed and escalated to the Heads of Nursing and discussed at the safety huddle with the Chief Executive. The March data can be found below that is submitted to UNIFY and uploaded onto LHCH intranet /internet/NHS Choices based on the information included in this paper.

March Data

Cherry Ward

Staff requirements on each shift: split into RN (Registered nurse), AP (Assistant Practitioner) and HCA (Healthcare Assistant)

| · | Early shift | Late shift | Night shift |
|------------------|-------------|--------------|-------------|
| Monday - Friday | 2RN1AP 1HCA | 2RN 1AP 1HCA | 2RN 1HCA |
| Saturday /Sunday | 2RN 1HCA | 2RN 1HCA | 2RN 1HCA |

| | Compliance with planned staffing % | Variance to planned staffing % | Comments/Actions |
|-----------------------|------------------------------------|--------------------------------|--|
| RN Day shifts | 107 | +7 | There has been short |
| RN Night shifts | 95.2 | -4.8 | and long term |
| HCA / AP Day shifts | 64.5 | -35.5 | sickness and 2 staff |
| HCA / AP Night shifts | 87.1 | -12.9 | on maternity leave which has resulted in staffing not being at 100% compliance. There are also a couple of RN vacancies which have been recruited to and the ward are awaiting start dates. This month, Cherry ward and Maple Suite have merged with the Ward Manager from Maple Suite taking charge and she has reviewed the occupancy and acuity on a shift basis. Maple Ward have supported significantly to ensure the gap is covered safely. All shifts have been safe. |

Birch Ward:

Staff requirements on each shift:

| | Early shift | Late shift | Night shift |
|------------------|--------------|------------|-------------|
| Monday - Friday | 7RN 1AP 4HCA | 7RN 4HCA | 4RN 2HCA |
| Saturday /Sunday | 7RN 3HCA | 6RN 3HCA | 4RN 2HCA |

| Compliance wi | n Variance to planned | Comments/ Actions |
|---------------|-----------------------|-------------------|
|---------------|-----------------------|-------------------|

| | planned staffing % | staffing % | |
|-----------------------|--------------------|------------|--|
| RN Day shifts | 85.9 | -14.1 | Support has been given to other areas to |
| RN Night shifts | 99.2 | -0.8 | assist with high acuity |
| HCA / AP Day shifts | 100.8 | +0.8 | at times. All shifts |
| HCA / AP Night shifts | 108.1 | +8.1 | have been reported as safe. |

Maple Suite: Staff requirements on each shift:

| · | Early shift | Late shift | Night shift |
|------------------|--------------|--------------|-------------|
| Monday - Friday | 3RN 1AP 1HCA | 2RN 1AP 1HCA | 2RN 1HCA |
| Saturday /Sunday | 2RN 1AP 1HCA | 2RN 1AP 1HCA | 2RN 1HCA |

| | Compliance with | Variance to | Comments/Actions |
|----------------------|--------------------|--------------------|---|
| | planned staffing % | planned staffing % | |
| RN Day shifts | 128 | +28 | Maple and Cherry ward |
| RN Night shifts | 100 | 0 | have been working |
| HCA / AP Day shifts | 65.3 | -34.7 | closely to ensure all |
| HCA/ AP Night shifts | 100 | 0 | shifts are safe. The Division have merged Cherry ward and Maple Suite as of this month to create a Cystic Fibrosis Unit. There is a difference in staffing due to the utilisation of Assistant Practitioners. Acuity and occupancy is reviewed on a shift basis. All shifts are reported as safe. |

Coronary Care Unit:

Staff requirements on each shift:

| | Early shift | Late shift | Night shift |
|-----------------|--------------|------------|-------------|
| Monday - Sunday | 7RN 1AP 1HCA | 7RN 1HCA | 7RN 1HCA |

| | Compliance with planned staffing % | Variance to planned staffing % | Comments/Actions |
|-----------------------|------------------------------------|--------------------------------|---|
| RN Day shifts | 105.4 | +5.4 | Where required and |
| RN Night shifts | 97.2 | -2.8 | when occupancy and |
| HCA / AP Day shifts | 86 | -14 | acuity has allowed, the |
| HCA / AP Night shifts | 87.1 | -12.9 | Nurse in Charge has also monitored the telemetry system. All shifts are reported as safe. |

Cedar Ward

Staff requirements on each shift:

| Otali rogali ori otali ori otali orii i | | | | |
|---|--------------|--------------|--------------|--|
| Day | Early | Late | Night | |
| Mon - Fri | 6RN and 3HCA | 5RN and 3HCA | 4RN and 3HCA | |
| Sat –Sun | 6RN and 3HCA | 5RN and 3HCA | 4RN and 3HCA | |

| | Compliance with planned staffing % | Variance to planned staffing % | Comments/Actions |
|-----------------------|------------------------------------|--------------------------------|--|
| RN Day shifts | 91.7 | -8.3 | The gaps in RN are due to |
| RN Night shifts | 96.8 | -3.2 | some vacancies which are |
| HCA / AP Day shifts | 136.6 | +36.6 | now all appointed to and |
| HCA / AP Night shifts | 93.5 | -6.5 | awaiting start dates of staff. Assistant practitioners have been utilised where appropriate, hence difference in figures. All shifts are reported as safe. |

Elm Ward

Staff requirements on each shift:

| | Early shift | Late shift | Night shift | | |
|-----------------|----------------|----------------|----------------|--|--|
| Monday - Sunday | 5 RN and 3 HCA | 4 RN and 3 HCA | 3 RN and 1 HCA | | |

| | Compliance with planned staffing % | Variance to planned staffing % | Comments/Actions |
|-----------------------|------------------------------------|--------------------------------|--|
| | | | |
| RN Day shifts | 88.3 | -11.7 | There has been an |
| RN Night shifts | 91.4 | -8.6 | increased need to use |
| HCA / AP Day shifts | 121 | +21 | extra HCA staff to |
| HCA / AP Night shifts | 219.4 | +119.4 | support patients and this has been discussed at the daily huddle. This month has been particularly difficult with several patients confused and unwell. All shifts are reported as safe. |

HDU

Staff requirements on each shift:

| | Early shift | Late shift | Night shift |
|-------------------|-------------|------------|-------------|
| Monday - Friday | 2RN +1 SW | 2RN +1 SW | 2RN +1SW |
| Saturday - Sunday | 2RN + 1 SW | 2RN + 1SW | 2RN +1 SW |

| | Compliance | | Comments/Actions |
|-----------------------|--------------|------------------|--|
| | with planned | planned staffing | |
| | staffing % | % | |
| RN Day shifts | 100 | 0 | There were periods during |
| RN Night shifts | 100 | 0 | March where HCA support was |
| HCA / AP Day shifts | 71.2 | -28.8 | not available. Patient |
| HCA / AP Night shifts | 82.4 | -17.6 | dependency assessed as safe and no safety issues identified. |

Oak Ward

Staff requirements on each shift:

| | | Early shift | Late shift | Night shift | | |
|--------|----------|----------------|----------------|----------------|--|--|
| Monday | - Sunday | 4 RN and 3 HCA | 4 RN and 2 HCA | 3 RN and 2 HCA | | |

| | | Compliance | with | Variance to planned | Comments/Actions |
|--|--|------------|------|---------------------|------------------|
|--|--|------------|------|---------------------|------------------|

| | planned staffing % | staffing % | |
|-----------------------|--------------------|------------|---|
| RN Day shifts | 88.1 | -11.9 | The gaps in RN are |
| RN Night shifts | 87.1 | -12.9 | due to vacancies and |
| HCA / AP Day shifts | 114.8 | +14.8 | awaiting new staff to |
| HCA / AP Night shifts | 119.4 | +19.4 | start in post. Some extra HCAs have been utilised to support patients requiring further support due to confusion /risk of falls. All shifts are reported as safe. |

Mulberry Ward (formerly Surgical Admissions Unit) Staff requirements on each shift:

| | Early shift | Late shift | Night shift |
|-------------------|----------------|----------------|-----------------|
| Monday - Thursday | 2 RN and 1 HCA | 2 RN and 1 HCA | 1 RN 1 AP / 2RN |
| Friday | 2 RN and 1 HCA | CLOSED | CLOSED |
| Saturday | CLOSED | CLOSED | CLOSED |
| Sunday | CLOSED | 2RN and 2 HCA | 1 RN 1 AP / 2RN |

| | Compliance with planned staffing % | Variance to planned staffing % | Comments/Actions |
|-----------------------|------------------------------------|--------------------------------|--|
| RN Day shifts | 75.7 | -24.3 | There is a reduction in |
| RN Night shifts | 79.4 | -20.6 | RNs on each shift. |
| HCA / AP Day shifts | 154.3 | +54.3 | On these occasions, |
| HCA / AP Night shifts | 142.9 | +42.9 | there has been an AP and HCA on shift and the ratio of nurse to patients has been 1:8 or less and the ward is noted to be safe. However, we are not compliant with national NICE guidance of 2 RNs per shift. This has resulted in red flags being noted on 17 occasions. This has been highlighted within the annual plans for 2016/17 and the Division of Surgery is looking at how this gap can be filled. All shifts have been reported as safe. |

SICU Staff requirements on each shift:

| | Compliance % | Variance % | Comments/Actions |
|-----------------------|--------------|------------|---|
| RN Day shifts | 100.6 | +0.6 | ICA role discontinued in |
| RN Night shifts | 99.9% | -0.1 | Critical care from 7 th |
| HCA / AP Day shifts | 80.6 | -19.4 | March and therefore |
| HCA / AP Night shifts | 97.6 | -2.4 | shortage of care support identified in figures. All RN requirements met. Staffing levels identified as safe. |

3.0 Summary

In summary, there have been red flags within Mulberry ward in relation to the standard to have 2 registered nurses per shift. This is mitigated by ensuring that where there is one trained nurse the 1:8 ratio is always met. This is being reviewed within the Divisions and the Senior Nursing team. The wards however, are safe and staff is managed according to occupancy and reviewed on a shift by shift basis. Where dependent patients are identified, extra staff are brought in to support them. Further discussions are also held at the daily safety huddle in the CEO office daily at 9.30am.

The paper has identified several themes, which are currently being actioned:-

- Regular daily discussions between the Ward Managers and Heads of Nursing to examine staffing and the results of each paper.
- Close inter-divisional team working to enable quick flexible responses to unpredictable events such as last minute sickness, increase in patients undergoing Primary PCI, increased acuity/dependency of surgical post-operative patients and cancelling of bank staff.
- The request for extra staffing for registered nurses on Mulberry ward is being considered as part of annual planning for 2016 /17.

4.0 Recommendations

The Board of Directors are requested to:

- Receive assurance related to nurse staffing for in-patient wards, as per national directives, noting actions being taken to ensure patient safety and quality of care is maintained.
- Receive assurance that staffing is appropriate and is flexed according to patient need and patient safety risk assessments, following escalation processes.
- Receive monthly reports of staffing at all planned board meetings.

Appendix 1

- Unplanned omission in providing patient medications.
- Delay of more than 30 minutes in providing pain relief.
- Patient vital signs not assessed or recorded as outlined in the care plan.
- Delay or omission of regular checks on patients to ensure that their fundamental care needs are met as outlined in the care plan. Carrying out these checks is often referred to as 'intentional rounding' and covers aspects of care such as:
 - Pain: asking patients to describe their level of pain level using the local pain assessment tool.
 - Personal needs: such as scheduling patient visits to the toilet or bathroom to avoid risk of falls and providing hydration.
 - Placement: making sure that the items a patient needs are within easy reach.
 - Positioning: making sure that the patient is comfortable and the risk of pressure ulcers is assessed and minimised.
- A shortfall of more than 8 hours or 25% (whichever is reached first) of registered nurse time available compared with the actual requirement for the shift. For example, if a shift requires 40 hours of registered nurse time, a red flag event would occur if less than 32 hours of registered nurse time is available for that shift. If a shift requires 15 hours of registered nurse time, a red flag event would occur if 11 hours or less of registered nurse time is available for that shift (which is the loss of more than 25% of the required registered nurse time).
- Less than 2 registered nurses present on a ward during any shift.

Appendix 2 March 2016

| Only complete sites your organisation is accountable for | | | | D | ay | | | Ni | ght | | Da | ау | Nig | jht |
|--|---------------------------------|---------------------------------|--|---|--|---|--|---|--|---|---|--|---|--|
| Main 2 Specialties on each ward | | | Registered Care Staff | | Registered Care Sta | | Care Staff | | | Average fill | | | | |
| Ward name | Specialty 1 | Specialty 2 | Total monthly planned staff hours | Total monthly actual staff hours | rate - registered nurses/midwiv es (%) | Average fill rate - care staff (%) | rate - registered nurses/midwiv es (%) | Average fill rate - care staff (%) |
| CHERRY WARD | 320 - CARDIOLOGY | 340 - RESPIRATORY | 930 | 995.25 | 930 | 600 | 581.25 | 553.125 | 290.625 | 253.125 | 107.0% | 64.5% | 95.2% | 87.1% |
| BIRCH WARD (WARD A) | 320 - CARDIOLOGY | 340 - RESPIRATORY MEDICINE | 3412.5 | 2932.5 | 1860 | 1875 | 1162.5 | 1153.12 | 581.25 | 628.12 | 85.9% | 100.8% | 99.2% | 108.1% |
| CEDAR WARD (WARD C) | 170 - CARDIOTHORACIC SURGERY | | 2250 | 2062.5 | 1395 | 1905 | 871.87 | 843.75 | 871.87 | 815.62 | 91.7% | 136.6% | 96.8% | 93.5% |
| CORONARY CARE UNIT | 170 - CARDIOTHORACIC SURGERY | | 3022.5 | 3185.25 | 697.5 | 600 | 2034.375 | 1978.125 | 290.625 | 253.125 | 105.4% | 86.0% | 97.2% | 87.1% |
| CRITICAL CARE AREA | 170 - CARDIOTHORACIC SURGERY | | 12127.5 | 12195 | 2092.5 | 1687.5 | 8690.7 | 8685.5 | 1323 | 1291 | 100.6% | 80.6% | 99.9% | 97.6% |
| ELM WARD (WARD E) | 170 - CARDIOTHORACIC SURGERY | | 2250 | 1987.5 | 1395 | 1687.5 | 871.87 | 796.87 | 290.62 | 637.5 | 88.3% | 121.0% | 91.4% | 219.4% |
| OAK WARD (WARD G) | 170 - CARDIOTHORACIC SURGERY | | 2017.5 | 1777.5 | 1162.5 | 1335 | 871.87 | 759.37 | 581.25 | 693.75 | 88.1% | 114.8% | 87.1% | 119.4% |
| MULBERRY | 170 - CARDIOTHORACIC SURGERY | | 525 | 397.5 | 262.5 | 405 | 318.75 | 253.12 | 65.62 | 93.75 | 75.7% | 154.3% | 79.4% | 142.9% |
| THORACIC "HDU" | 170 - CARDIOTHORACIC SURGERY | | 585 | 585 | 210 | 149.5 | 394.8 | 394.8 | 181.3 | 149.4 | 100.0% | 71.2% | 100.0% | 82.4% |
| MAPLE SUITE (AL1) | 320 - CARDIOLOGY | 170 - CARDIOTHORACIC SURGERY | 930 | 1190.25 | 930 | 607.5 | 581.25 | 581.25 | 290.625 | 290.625 | 128.0% | 65.3% | 100.0% | 100.0% |