

**Reference Number:** FOI/2019/094  
**From:** Private Individual  
**Date:** 25 February 2019  
**Subject:** Sleep apnoea - OSA & CPAP

Q1 How many patients do you currently have on your sites, who have been diagnosed with sleep apnoea

A1 Information not held – The Trust does not routinely collate this data as part of its central management information.

The Trust provides a diagnostic service for obstructive sleep apnoea via an at home diagnostic sleep study. Following an outpatient attendance for this study, patients are either seen in clinic here at LHCH if the diagnosis is unclear or there is a need for them to be referred on for treatment to other appropriate Trusts. If there is no requirement for them to attend for a further outpatient appointment they are then referred back to their GP or source of referral for on-going management.

Further information regarding our respiratory services is available via the following link: <http://www.lhch.nhs.uk/our-services/respiratory-medicine/respiratory-diagnostics/>

Q2 How many of those use CPAP

A2 Within the last 6 month period, one patient has commenced CPAP treatment.

Q3 How many patients were diagnosed five years ago (i.e., on your books)

A3 Information not held – please refer to Q1 above.

Q4 How many patients 10 years ago.(if appropriate )

A4 Information not held – please refer to Q1 above.

Q5 How much is the cost per patient to the Trust?

A5 Outpatient attendance tariff is £124 per patient, and the average cost of CPAP consumables annually per patient is £300. The Trust is unable to provide actual cost as per Q1 above.

Q6 If this cannot be broken down then total cost per year.

A6 Refer to Q2 and Q5 above to work out cost over last 6 months.