

**Reference Number:** FOI/LHCH/2018/049  
**From:** Other  
**Date:** 05 March 2018  
**Subject:** Surgical trainees

Q1 The current rota design for core surgical trainees (CT1 or CT2), across all surgical specialties taking core surgical trainees in your trust, including the number of core trainees on each rota. A copy of each rota would be welcome if possible.

A1 [Five Core Medical Trainee \(CMT\)/Core Surgical Trainee\(CST\) trainees on the rota](#)

Q2 The length of each rota cycle for the level and specialties described above.

A2 [Rota Length 16 weeks](#)

Q3 For each specialty:

- The number of allocated, protected, theatre sessions each trainee has on their rota per rota cycle
- The number of allocated, protected, clinic sessions each trainee has on their rota per rota cycle
- The number of on call shifts (both day and night) each trainee has on the rota per rota cycle
- The number of zero days each trainee has per rota cycle.
- The number of normal working days each trainee has per rota cycle.
- Whether normal working days are spent as ward cover or in theatre/clinic, or a combination.

A3

- [CST - 2 protected Theatre sessions per week](#)
- [CMT 1-2 clinics per week – protected](#)  
[CST - 2 per week](#)
- [21](#)
- [2](#)
- [53](#)
- [CMT - normal working day \(NWD\) allocated and protected to do clinics, ward work, attend Multi-disciplinary \(MDT\) Meetings, Critical Care Unit \(CCU\) Core & teaching sessions](#)  
[CST –NWD - Ward round, covering general ward/admissions](#)