For further information visit:
www.lhch.nhs.uk
www.nhsdirect.nhs.uk
www.bhf.org.uk
www.dipex.org

Or contact:
The British Heart Foundation Heart Information Line on
0845 070 8070.

If you require a copy of this leaflet in any other format
or language please contact us quoting the leaflet code
and the language or format you require.
What are the benefits of having the test? An ECG can provide your doctor with important information about your heart that may require further tests or investigations.

Are there any risks involved? There are no known risks involved with having an ECG. Occasionally some people have an allergic reaction to the sticky patches placed on their skin. You should inform the staff if you are allergic to elastoplast.

What alternatives do I have? This depends on your symptoms.

Reveal devices are recorders that are implanted into your chest to continuously record your heart rhythm over a longer period of time. Usually up to a year if necessary. These are useful if your symptoms are very infrequent.

Your doctor will be happy to discuss any alternative tests if they are applicable to you.

What happens next? You will need to return the following day to have the recorder removed. The 24 or 48 hour recording along with the diary or activity log will be sent to your cardiologist who will inform you of the results.

It is very important that the device is returned within the agreed time to enable us to consider the results of your recording and determine your future treatment. We have a large number of patients waiting for these devices so returning the monitor on time is essential in order for another patient to receive treatment.