

Information for Carers

A carer is someone who gives regular care and support to someone else and is not paid for doing so. If you are an unpaid carer, you are entitled to a carer's assessment which gives you a chance to think about what support you need.

It may include:

- Tasks you would like help with
- Other responsibilities you have such as work, education, family and child care commitments
- Your financial situation, in order to identify your benefit entitlement as a carer
- Your partner's financial situation, if they are under your care
- To consider whether you work or wish to work.
- Wishes to undertake education, training or leisure activity.
- The impact that their caring role might have

Carers Allowance

The Carers Allowance is a benefit paid to full time carers over 16 years of age, who spend more than 35 hours a week caring for someone who receives any of the following benefits:

- Attendance Allowance
- Disability Living Allowance at the middle or highest rate for care
- Constant Attendance Allowance at or above the normal maximum rate with an Industrial Injuries Disablement Benefit
- Constant Attendance Allowance at the basic [full day] rate with a War Disablement Pension

If you are in full time education or earn over a certain amount, you are not eligible to receive the benefit. You can find out detailed information about how to claim the allowance and who qualifies by visiting the Department for Work and Pensions website <http://www.dwp.gov.uk>

The Directgov website also has comprehensive information about Carers' Allowance <http://www.direct.gov.uk>

This leaflet has been compiled to provide carers with the contact details of local organisations who can provide advice, confidential help and practical support regarding physical and emotional well-being, financial, family and employment related issues.

For information of organisations outside of the Merseyside area call Carers UK on 0808 808 7777 or visit <http://www.carersuk.org/>

If you would like to speak to a Macmillan Clinical Nurse Specialist at Liverpool Heart and Chest Hospital please contact:

Sue Oakes: 0151 600 1630 or Sarah O'Hare: 0151 600 1247

Local Organisations and Support Groups

LIVERPOOL

Crossroads Care

Liverpool, Sefton & Warrington
5 De Havilland Drive
Estuary Business Park
Speke
L24 8RN

Tel: 0845 601 1990

Fax: 0845 601 2240

Email: liverpool@crossroads.co.uk

Website: <http://www.liverpooocrossroads.co.uk/>

Local Solutions: Carers Project

Mount Vernon
Hall Lane
Liverpool
L7 8TF

Tel: 0151 709 0990

Fax: 0151 709 9326

Email: info@localsolutions.org.uk

Website: <http://www.localsolutions.org.uk/projects/carers>

SEFTON

Crossroads Care

Liverpool, Sefton & Warrington
5 De Havilland Drive
Estuary Business Park
Speke
L24 8RN

Tel: 0845 601 1990

Fax: 0845 601 2240

Email: liverpool@crossroads.co.uk

Website: <http://www.liverpooocrossroads.co.uk/>

Sefton Carers Centre

27-37 South Road
Waterloo
Liverpool
L22 5RF

Tel: 0151 228 6060

Email: help@carers.sefton.gov.uk

Website: <http://sefton-carers.co.uk>

KNOWSLEY

Crossroads Knowsley

31 Warrington Road
Prescot
Merseyside
L34 5QX

Tel: 0151 289 2761

Fax: 0151 292 6680

Email: knowsley@crossroads.org.uk

Website: <http://www.crossroads.org.uk/knowsley>

Knowsley Carers Centre

1st Floor, 43 Bewley Drive
Southdene
Kirkby
L32 9PE
Tel: 0151 549 1412

Email: knowsley.carers@btconnect.com

Website: <http://www.knowsley.gov.uk/families/social-care-and-health-service/carers/carers-centre.aspx>

ST HELENS, HALTON, WIGAN & LEIGH

Crossroads St Helens, Halton: Wigan & Leigh

Unit 10, St Helens Technology Centre
Waterside Court
St.Helens
WA9 1UA
Tel: 01744 612499
Fax: 01744 613 002
Email: sthelens.district@crossroads.org.uk
Website: <http://www.crossroads.org.uk/sthelens>

PRT Halton Carers Centre

62 Church Street
Runcorn
Cheshire
WA7 1LD

Tel: 01928 580 182

Email: help@haltoncarers.co.uk

Website: <http://www.carers.org/local-centre/halton>

National Support Organisations and Charities for Carers

Age UK

The new organisation combining Age Concern and Help the Aged to support elderly people and their Carers

Phone: 0800 169 87 87

Email: contact@ageuk.org.uk

Website: www.ageuk.org.uk/

British Deaf Association

Is the largest organisation in the UK that is run by deaf people for deaf people and their families

Phone: 020 7405 0090

Email: admin@bda.org.uk

Website: www.bda.org.uk

British Diabetes Association UK

Provides information and support to patients and Carers

Phone: 020 7424 1000

Fax: 020 7424 1001

Email: info@diabetes.org.uk

Website: www.diabetes.org.uk

British Heart Foundation

Is a charity that aims to prevent people dying from heart diseases.

Phone: 020 7554 0000

Website: www.bhf.org.uk/

Citizens Advice Bureau

The Citizens Advice Bureau (CAB), has a network of advice centres across the UK. It offers advice on a wide range of subjects including benefits, housing and health.

Phone: 020 7833 2181

Fax: 020 7833 4371

Website: <http://www.adviceguide.org.uk>

Directgov website

www.directgov.uk

This is the official website for the United Kingdom government

Information and advice for Carers can be found by clicking on the menu on the left hand column of the Home Page and online services can be found in the right hand section.

Marie Curie Cancer Care

Marie Curie Cancer Care is a national charity which helps to provide care for terminally ill patients in their own homes and support to their families. They also provide care and support in their hospices across the UK.

Phone: 0844 800 4361

Fax: 0844 800 4362

Email: info@carers.org

Website: <http://www.carers.org>

Macmillan Cancer Care

Macmillan Cancer Care provides practical, medical and financial support for patients and Carers.

Phone: 020 7840 7840

Fax: 020 7840 7841

Website: <http://www.macmillan.org.uk>

Address: Macmillan Cancer Support

89 Albert Embankment

London

SE 1 7UQ

Macmillan Cancer Care has Information and Support Centres at the following Centres in the region

Name of Hospital	Phone
Aintree Hospital	0151 529 4742 / 4036
Broadgreen Hospital	0151 600 1798
Clatterbridge Centre for Oncology	0151 482 7722
Countess of Chester Hospital	01244 364948
Royal Liverpool Hospital Linda McCartney Centre	0151 706 3720
Knowsley Cancer Support Centre + Huyton, Kirkby & Halewood	0151 489 3538
Halton Hospital	01928 753502
St Helens and Knowsley Hospitals	01744 646985

Acknowledgement: Some of the information in this leaflet has been adapted from the 'Directory of Information, Support and Advice for Carers in Merseyside and Cheshire'

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