

## *Where has the year gone!*

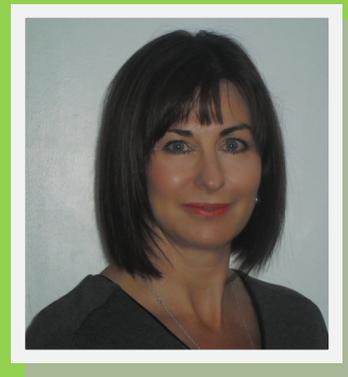
It seems only recently we launched the 2018 work programme for Cardiovascular Disease (CVD) across the Cheshire and Merseyside Health and Care Partnership; summer is now here and excellent progress has been made including with our prevention programme.

Since the year started, all our workstreams have concluded and presented their cases for change which have been reviewed and signed off by the CVD Programme Board.

A lot of work from multi-disciplinary teams went into them to ensure the new models or pathways proposed result in positive changes for our population. We have had good feedback from our colleagues across Cheshire and Merseyside on the content of these cases.

Your help is of the utmost importance to us as working in partnership with you we can really start to deliver tangible benefits for our population across Cheshire and Merseyside and beyond.

**Jane Tomkinson**  
Senior Responsible Officer, CVD Programme  
Chief Executive, Liverpool Heart and Chest Hospital



## *Cases for Change: Let's Focus on Stroke*

**Dr Debbie Lowe from Wirral University Teaching Hospital is the clinical lead for the Stroke workstream.**

Debbie is national lead for stroke for *Getting It Right First Time* in NHS England, as well as being the clinical lead for the stroke clinical network in the Northwest Coast, and a busy clinician and Mum! But Debbie has been working hard with other colleagues across the patch to collect views and baseline data, to define a model for stroke care that ensures equity of access to all patients with equal quality of service provision.

The case for change for Stroke has been approved by the CVD Programme Board and has been shared with the Acute Sustainability Programme Board of the Partnership as it will have implications on the work led by this group.

Debbie held a workshop on the 23<sup>rd</sup> March for stakeholders across the region to look in depth at what is currently happening in complex neuro-rehabilitation for stroke patients and what the recommendations from the case for change were on this issue. The workshop was an excellent opportunity to understand the pressures that all organisations are under.

The conclusion from the day was that it is essential to have the right offer for all appropriate patients after stroke, so they have a clear early supported discharge from hospital involving partners from the rehabilitation team.

Work is now starting to take the proposals forward in the different parts of our geography.

We will provide updates as the work progresses.

## CVD Prevention North of England

STP leaders and the regional directors of NHS England and NHS Improvement in the North have agreed to support a North wide focus on evidence-based, at-scale CVD prevention.

This will build on work already underway both within STPs and across the North led by Public Health England. This region-wide approach will support the adoption and spread of best practice and provide a focus for accelerating improvement.

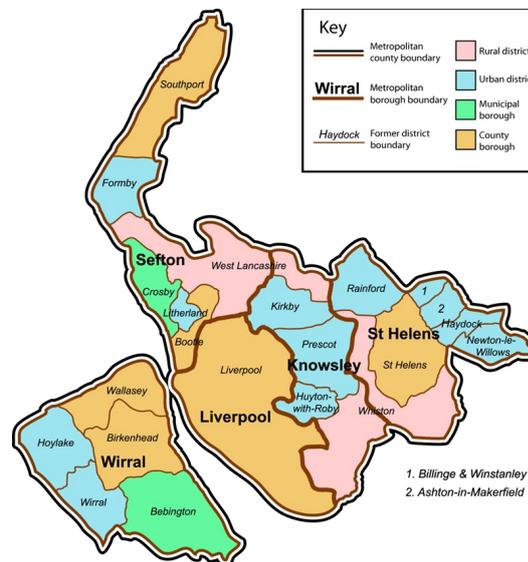
Rachel Johns (Deputy Regional Director, PHE) and Mel Pickup (sponsor STP leader) will lead this work for the North, alongside key individuals nominated by STP leaders, colleagues in NHS England (including Rightcare), PHE, NICE, British Heart Foundation, NHS Improvement and AHSNs. Both Jane Tomkinson and Jon Develing will be playing key roles in Cheshire and Merseyside.

We will be bringing updates of this important piece of work as we progress.

### Place-based care: what is it?

Place-based systems of care involve organisations working together to improve health and care for a geographically-defined population, managing common resources. It is moving from a 'fortress mentality' to a collaborative approach.

In Cheshire and Merseyside we have 9 places: Sefton, Liverpool, Knowsley, St Helens, Warrington, Halton, East Cheshire, West Cheshire and Wirral. Each of them are looking at plans to bring social and health care closer, by sharing certain resources (when possible) and by working towards shared plans.



### Place-based care boundaries for Merseyside & Cheshire



The challenges facing health systems and society require collective action across systems and local communities. It is therefore important that we have representation of the Places in our CVD Programme Board. Jane Tomkinson is working with colleagues across the 9 places to identify a place representative to the CVD Board.

### Welcome

We would like to welcome Keith Wilson (pictured) to the CVD Programme Board as a patient representative. His input and feedback are invaluable.

The next CVD Programme Board will take place on Tuesday 24<sup>th</sup> July 2018 at Liverpool Heart and Chest Hospital.

